



Please Note: The Kimbriki Eco House & Garden will be closed till October for exciting renovations!

The reason for this temporary closure is to allow us to make some significant and exciting changes to the structure and functioning of the entire garden.

It would not be possible for us to continue trying to run adult and school workshops while these major structural changes are being made.

We thank you for your patience and look forward to having an exciting new opening of the remodelled Eco House & Garden in October.

We are happy to respond to any questions you may have in relation to composting, organic gardening, and ecological living. Please email kimbriki@kimbriki.com

Kind regards

The Kimbriki Eco House & Garden Team

**Kimbriki Eco House & Garden Workshops
re-starting in October 2009 – workshop dates announced!**

The Eco House & Garden is a place to learn how to apply organic gardening & sustainable living principles into your everyday lives. This includes composting, worm farming, no-dig gardening, soil management, growing sprouts and much more.

A garden full of ideas!

Please visit when we re-open in October as:



inside Kimbriki recycling + landfill, Kimbriki Road, off Mona Vale Road, Terrey Hills

Ready, Set, Go! Dates for workshops in October 2009!

Tutor for most workshops – Peter Rutherford, Senior Ecologist

Intro to Ecological Living at the Eco House and Garden – Thursday 1 October

2 hour workshop 9.30 - 11.30am

Contribution \$20 per person

Ecology, Craft and Re-use, for Children – with Tanya Leishman

Sunday 4 October, 1.5 hours workshop

10.30am - 12 noon

Contribution \$10 per child

7yrs and older, accompanying adults welcome to stay

The Art of Composting – Thursday 8 October

2 hour workshop, start 9.30 - 11.30am

Contribution \$20 per person

The Wonderful World of Worms – Thursday 8 October

2 hour workshop, 1-3pm

Contribution \$20 per person

Advanced course: Microbial Management of your Soil – Composts, Mulches, Aerated Compost Teas – Thursday 15 October

2.5 hour workshop, 9.30am -12 noon

Contribution \$40 per person, all participants must have completed our composting workshop!

Advanced course: Microbial Management of your Soil – Composts, Mulches, Aerated Compost Teas – Sunday 18 October

2.5 hour workshop, 10.30am – 1pm

Contribution \$40 per person, all participants must have completed our composting workshop!

Growing Sprouts and Biogenic Healing – Thursday 22 October

2 hour workshop 9.30 -11.30am

Contribution \$20 per person

No Dig Gardening – Thursday 22 October

2 hour workshop, 1-3pm
Contribution \$20 per person

Weeds are Wild Herbs and their Role in Your Garden – Thursday 29 October
2 hour workshop 9.30 -11.30am
Contribution \$20 per person

The Art of Composting – Thursday 29 October
2 hour workshop 1-3pm
Contribution \$20 per person

Calendar – see workshop details for start times!

AM Thursday 1 October – **Intro to Ecological Living
at the Eco House and Garden**

AM Sunday 4 October - Ecology, Craft and Re-use, for Children

AM Thursday 8 October - **The Art of Composting**

PM Thursday 8 October - **The Wonderful World of Worms**

AM Thursday 15 October - **Microbial Management of your Soil**

AM Sunday 18 October - Microbial Management of your Soil

AM Thursday 22 October - **Growing Sprouts and Biogenic Healing**

PM Thursday 22 October – **No Dig Gardening**

AM Thursday 29 October - **Weeds are Wild Herbs**

PM Thursday 29 October - **The Art of Composting**

Contribution

Training is a valued service in our community. We would like you to better value the training we can offer; so now there is a contribution fee – usually \$20 for a basic workshop and \$40 for advanced training. We offer a discount for full-time students and pensioners.

At first this will be paid at the workshop; but later we expect to have an online booking system that will include payment.

Bookings

To make bookings for all weekday and weekend adult and family workshops, please phone 9486 3512 Tuesday, Wednesday, Friday, or simply email kimbriki@kimbriki.com including an after hours phone number.



The No Dig Gardening Workshop is hands-on!

Intro to Ecological Living at the Eco House & Garden

- Full tour of the Eco House & Garden

- What is Ecology?
- Overview of ALL our Workshops
- Intro to the Principles of Organic Gardening
- Intro to 'Bio-Genics' – the healing power of plants.
- How your garden can keep you & your family healthy
- Tasting of Edible Flowers
- The **real** difference between Organic and Non-Organic food

The Art of Composting

- Why Compost? Learn why food scraps & garden waste must be taken out of our rubbish bins
- Setting up your compost bin
- What goes into your compost?
- Learn different methods of composting
- Maintaining & Troubleshooting your compost
- How to use compost on your garden
- The vital role of organic matter & humus in your soil
- The **real** difference between Organic and Non-Organic food
- Outlining the human health problems associated with using synthetic fertilisers on your edible gardens

The Wonderful World of Worms

- Why have a worm farm? Learn why food scraps must be taken out of our rubbish bins
- Setting up your worm farm
- Turn your food scraps into healthy, living soil
- Feeding your worms
- Ongoing management of your worm farm.
- How to use worm castings on your garden
- Answers to the most common problems with worm farms
- The **real** difference between organic & non-organic food

No-Dig Edible Gardening

- What is a no-dig garden?
- Why build a no-dig garden?
- Learn the basic skills to make your own no-dig garden
- What to plant in your no-dig garden
- We build a small garden together
- Ongoing management of your no-dig edible garden

Microbial Management of Your Soil

NB Must have already completed the Kimbriki Eco H & G Composting Certificate

- Understanding the Microbial 'Balance' in your garden.
- Creating bacterial or fungal 'dominance' to suit different types of plants
- Learning to apply the 3 Keys to your garden:
 1. Compost
 2. Mulches
 3. Aerated Compost Teas
- Learn how to build healthy, living soils
- Healthy soil creates healthy people

Growing Sprouts & Biogenic Healing

- What are sprouts?
- The nutritional value of sprouts
- What types of sprouts can you grow?

- The keys to growing delicious sprouts
- The healing value of sprouts
- What is Biogenics & how can it improve your life?

Weeds are Wild Herbs & their Role in Your Garden

- What is a weed (wild herb)?
- What is the role of weeds/wild herbs?
- ID of some common 'wild herbs'
- What wild herbs are useful?
- What wild herbs are edible?

Children's Workshop

7yrs and older, accompanying adults welcome to stay

- The meaning of Eco—ECOLOGY
- Looking at worms, compost and soil
- Exploring the Garden
- Reuse & Craft in the Eco House & Garden

Or book this as a **school excursion** see 'groups' below!

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Peter Rutherford and Andrew O'Sullivan made a Spiral Herb Garden for ABC 'Gardening Australia'

Peter Rutherford, Kimbriki's Expert Eco Gardener!

Peter Rutherford is the Senior Ecologist at Kimbriki. Peter is a horticulturalist, social ecologist and teacher. He has co-designed and presented EPA Earthworks and Waste Boards' Healthy Gardens courses. Peter has appeared on various gardening and lifestyle television programs promoting the benefits of composting. Book in for one of Peter's Workshops in October! Please consult our expert! Email questions to kimbriki@kimbriki.com

Groups

Group bookings are welcome, for all types of groups, to an introduction course or demonstration on Tuesdays or Wednesdays; eg gardening clubs, social clubs, council staff. Bring your friends and be inspired by what composting can do for your garden! This is usually combined with a guided site tour. Bookings essential, phone 9486 3512 Tuesday, Wednesday, Friday, or email kimbriki@kimbriki.com

School groups

School groups are encouraged to visit for a 'hands on' educational experience in the garden, usually combined with a guided site tour on Tuesdays or Wednesdays. Parents, teachers and school gardeners are welcome. Bookings essential for later in the year, phone 9486 3512.

Bookings for groups and schools essential:

Phone: (02) 9486 3512 Tuesday, Wednesday, Friday

Email: kimbriki@kimbriki.com

Website: www.kimbriki.com