



Warringah Council

To comment on this free fortnightly newsletter **Disability “Did You Know?...”**, phone Marjorie Janz, of **Warringah Disability Information Service**, Warringah Library, Pittwater Rd, Dee Why 2099, on 9942 2686 or email janzm@warringah.nsw.gov.au. To start (or stop) receiving this, send an email with “subscribe” (or “unsubscribe”) in the subject line (with your name and telephone number). ISSN 1448-7705 Archived copies of newsletters on www.warringah.nsw.gov.au/services/disability.aspx

*“[Getting rid of bad habits is] like getting rid of an alley cat. You don’t have to kick it; just don’t feed it.”
Gerald G May (Addiction and Grace, 1988)*

OzSports Ability Sessions for Children with Disabilities
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JOB: Day Programs Service Manager, Disability Support, Flintwood Disability Services,
JOB: Program Manager, Brain Injury Association NSW

RESOURCES

ADHC and NDS release “It’s your business”
Information, Language and Culture
CRUFAD’s VirtualClinic is Recruiting for the “Sadness + CBM Program”

PARTICIPATION COUNTS

Walk Around the World Challenge – in Lane Cove
Call for Entries to Art Competition & Exhibition 2012 – International Women’s Day (IWD)
Volunteers invited to Christian Camp for Adults with Physical and other Disabilities
One Year of the Every Australian Counts campaign
Calling Research Volunteers for Schizophrenia Drug Trial in Sydney!

CONFERENCES, TRAINING, SEMINARS

Stepping On – to Prevent Falls
What’s the Rent? A Shelter NSW and Tenants Union Seminar
Northern Beaches Under 5’s Disability Forum
The 3Rs Workshop: Recognise, Respond, Refer
Free Board Development Training Opportunity
Advocacy Training by the Public Interest Advocacy Centre (PIAC)
Identifying & Supporting Young Carers - Regional Information sessions
Regional Forum: The Financial Implications of Individualised Funding
Free Community Health Forum in Ryde - Your Health Service Needs You
NDS NSW Round One Regional Meeting for Metro North

The Trevor Parmenter Annual Lecture – Prof Tony Holland
CALD Senior Information Sessions in the Northern Beaches
Fighting Fair - Mediation and Conflict Resolution (Level 1)
The Why and How of School Inclusion
Workshop: Community Garden/Food Systems
Northern Beaches Mental Health Community Forum and Expo
Challenging Behaviours in Years 5 to 10
Assisting Access to the Sex Industry - A Touching Base workshop
RIDBC Renwick Centre Continuing Professional Education program
Drugs, Crime and Brief Interventions for Young Offenders
Reminder: An Introduction to Working with Those who Self-abuse
Reminder: ABCD Workshops - Facilitation Training
Free Community Care Worker Professional Training – March - June 2012
HACC Training at Northside Community Forum
Professional Development Short Courses at IFP in March 2012

OzSports Ability Sessions for Children with Disabilities

What? Children aged 5-12 years with a mild/moderate intellectual disability and physical disability can enjoy activities including soccer, Aussie sports, multi-sports to improve motor skills, cognitive and emotional development. Ratio of 3 students to 1 trained / experienced staff hold Australian and international coaching qualifications and a Working With Children Check. Parents must stay for the session, and siblings are welcome. See www.ozsportssolutions.com.au.

When? Saturdays in school term from 11 February – 3 groups between 11.30am to 2pm: Group 1 (11.30am-12.15pm), Group 2 (12.15-1pm), Group 3 (1-1.45pm).

Where? Oval at Fisher Rd School, 115 Fisher Road, Dee Why 2099 (enter through double green gates and follow path to main oval).

Cost? First session free, \$10 per child per session thereafter.

RSVP? Phone Jas on 0411 563 601, or email jas@ozsportssolutions.com.au

Abbasback Let's Go – in Mona Vale in the afternoon

What? Fun, live concert for people who access disability services, their family and friends. Sing, dance, enjoy the music.

Where? Pittwater RSL, 82 Mona Vale Road (near Foley Street), Mona Vale.

When? Thursday 22nd March, 12:30pm-2:30pm – for \$20 per person (plus booking fee). Carer companion card accepted.

RSVP? Buy tickets online at www.abbasback.com/letsqo Some tickets may be available at club if not sold out. For information about the show, phone Peter on 0407 071 840 or email contact@abbasback.com.

Discobility “Dance to the Nines”

What? A free night for people over 18 with a disability to dance to the live music of the MIMESIS band. Light refreshments provided. Joint venture between Recreation Rendezvous and Willoughby City Council.

When? Friday 23 March, 6pm-9pm.

Where? Dougherty Community Centre, 7 Victor St, Chatswood.

RSVP? To book, phone Petrina on 9777 7526 or email petrina.dbrown@willoughby.nsw.gov.au.

Cooking and Craft on Sunday for Adults With Special Needs

What? Come to join a fun day of Cooking and Craft activities for adults with physical or intellectual disabilities, with low to moderate support needs. Seniors Week open day.

When? Sunday 11 March, 11am - 3pm.

Where? Nelson Heather Centre, Warriewood.

RSVP? Bookings essential so phone 9913 1474 by Friday 9 March.

Sailability NSW - Pittwater

- What? A special invitation to secondary students and adults with disability to experience sailing in specially modified boats with experienced volunteers. No sailing experience required. Members train to sail and can participate in competitions. AYF certification and integrated sailing can be arranged. Carers must attend the first sessions, and can sail and attend social events. Accessible yachts, hoist, toilets etc
- Cost? Annual membership \$30 (recreational), junior \$20, sailing \$10/person. Introductory sail free.
- When? Wednesday 3pm–4:45pm for school aged or young adults with a disability, and/or Saturday 10am – 1pm for anyone with a disability.
- Where? All sailing is based from the wharf at Rowland Reserve, Pittwater Road. Bayview. Public bus 155 (Manly-Church Pt) and E86 (city-McCarrs Ck).
- RSVP? Booking essential so phone Allan on 9918 6539 or email ajo94109@bigpond.net.au to participate. Volunteers are welcome to contact John on 9982 5656. See www.sailability.org/au/pittwater/index.cfm.

Reminder re Cooking and Drama at Recreation Rendezvous

- 1. Microwave Cooking Classes** for adults with a mild intellectual disability are invited to enjoy Chef Felix teaching the secret to healthy cooking of simple meals (Aussie, Thai, Italian) in no time, and how to safely handle and store your food. Class of 10 participants. \$50 for Mondays 13 February to 12 March (5 weeks), 5.30pm – 7.30pm.
 - 2. Drama Classes at Different Degrees (former Larrikin Theatre)** A professional theatre maker Larry Boyd will assist adults of different abilities to learn new skills, make up stories, act them out and perform new works created. A few places left. From Wednesday 15 February onward, 6pm-8pm, for \$108 per term (with possibility to pay in instalments).
- Where? Lane Cove Seniors Centre, 180 Longueville Rd, Lane Cove.
- RSVP? For information or booking, phone Recreation Rendezvous Inc on 9420 8555 or email bruce@recrend.ngo.org.au to obtain the application form and register ASAP.

Social Group for Adults with Aspergers /Autism – Feb to April 2012

- What? Facilitated by staff of Autism Spectrum Australia (ASPECT), this group meets on alternate Wednesdays 7pm-9pm in the Inner West of Sydney. Adults aged 18+ years with primary diagnosis of Asperger's or high functioning Autism (without intellectual disability) experience organised activities like guest speakers, movies, ten pin bowling, games nights and BBQs in a supportive environment. Check website for calendar and changing venues.
- Wed 29th Feb - Bowling and/or Laser Skirmish www.amfbowling.com.au www.m9laserskirmish.com. 3-5 George St, North Strathfield. Cost (concession): 1 game \$12.90, 2 games \$17.90, Cost (adult): 1 game \$14.90, 2 games \$19.90
 - Sun 4th March: Clean Up Australia Day - Give back to the community! We will not be participating formally as a group, however you may wish to organise a group of volunteers from your friends within the Social Group. Visit www.cleanup.org.au to join a clean up site or to start your own.
 - Sun 18th March - Harry Potter Exhibition ** Meet 11am at foyer www.powerhousemuseum.com/harrypotter. 500 Harris St, Ultimo. Cost \$32.
 - Wed 28th March – Dinner at Burwood RSL, 96 Shaftesbury Ave, Burwood. Please bring valid ID to enter RSL. *NB No thongs allowed. Meals approx. \$20*
 - Wed 11th April- Easter Party! Dress in your Easter finest. Woodstock Community Centre, Church St, Burwood. *Please bring a contribution for a shared dinner* (no facilities for purchasing food or drink at this venue).
 - Sun 15th April - Sydney Royal Easter Show ** Meet time TBC. Showlink tickets: Adults \$36; Concession \$27.50 (Save 7% if bought online before 20th March. See www.eastershow.com.au)
 - Sun 29th April - BBQ to celebrate Autism Month. ** *Starting at midday*. Bring family and friends. Burwood Park, cnr Burwood Rd & Park Ave. *Please bring a contribution to a shared meal*
- RSVP? If attending for the first time, contact the Club Co-ordinator for venue and time confirmation. For enquiries regarding the Social Group or for information regarding Group activities, contact Annie Sloggett, Social Group Co-ordinator on 0409 603 582 or asloggett@autismspectrum.org.au

Wheelchair Football at Freshwater (Harbord) for Youth and Adults

- What? Division 2 Powerchair Football invites powerchair users as well as assisted athletes and manual wheelchair users to enjoy a game of football, leading toward a competition on the Northern Beaches and elsewhere in 2012. All players will be new to the game so will learn together. Equipment, guards, rules provided. **Volunteers are welcome to referee or assist.**
- Where? Freshwater Seniors College Campus Gym, Harbord Rd, Harbord NSW 2096.
- When? On Sundays, with registration and a demonstration game on 1 April. The finals, Northern Beaches Division 2 League, occurs 3 June, 11am-1.30pm. If sufficient interest exists, a midweek evening competition may occur. There will also be a demonstration game on Saturday 10 March at Kevin Betts Stadium, Mt Druitt.
- RSVP? Matthew Cross, President - Australian Powerchair Football Association, on 0409 839 788. For information about the sport, visit www.fipfa.org or You-Tube and search Powerchair football.

Activities at C.R.E.A.T.E. North Shore Office for Mental Health – Jan to March 2012

- What? A program of activities occurs daily: Monday 1.30pm social spiritual matters; Tuesday 12pm lunch BBQ \$2.50 plus outing, 2pm craft beading jewellery; Wednesday 2.30pm writers group; Thursday 10.30am music, 2.30pm ten pin bowling; Friday 10am-2.30pm Hospitality training course, 11am-11.45am aqua exercise, 12.30-1.30pm nutrition.
- Where? 1st Floor -2c Herbert Street, St Leonards 2065.
- Info? Phone Greg on 9462 9100 or 0412 768 570.

“This Dating Life” Seminar & Dating Consultation

- What? In “This Dating Life”, Liz Dore will highlight ways in which busy people can maximise their opportunities to connect to people and build relationships. This mainstream event is for professional and carers who are single. See www.thisdatinglife.com.au.
- When? Tuesday 14 February, 6.30pm-8pm.
- Where? Woodstock Community Centre, 22 Church Street, Burwood 2142.
- Cost? \$130 includes group seminar and an individual follow up consultation.
- RSVP? Contact Liz Dore, Relationships Counsellor & Dating Coach, by email lizdore@bigpond.com, phone 0416 122 634, or mail to PO Box 1060, Burwood Nth, NSW 2134. Send your name, age (20's 30's 40's 50's 60+), suburb, mobile, email.

CARERS

Ignition Mentoring Program for 14-16yr Youth with Cerebral Palsy

- What? Cerebral Palsy Alliance has partnered with ING to provide structured 1hour/fortnight sessions to discuss important issues faced by teenagers in mainstream schools. An optional group of parents meets with a parent support worker at the same time.
- When? Program commences 6 March and finishes end Nov 2012.
- RSVP? Contact Kirsten Quinn on 9975 8446 or email kquinn@cerebralpalsy.org.au.

Teenage Triple P (Positive Parenting Program) - Seminar Series

- What? Overview of positive strategies for parents and carers of teens, as presented by Gita Laub, Parent Educator with Child and Adolescent Parenting, Northern Sydney Local Health District. You can attend one, two or three of the free seminars based on the Triple P from the University of Queensland. Free, refreshments provided.
- Wk 1: Raising responsible teenagers – family relationships, health lifestyle
Wk 2: Raising competent teenagers – making the most of time at school
Wk 3: Getting teenagers connected – socially appropriate activities with supportive friends.
- When? Thursdays 8, 15, 22 March, 7pm-9pm.
- Where? Warringah Council Civic Centre, Civic Drive, Dee Why (parking in the Library carpark).
- RSVP? Bookings by email only on youthbookings@warringah.nsw.gov.au, indicating which seminar you will be attending. Enquiries to Warringah Council's Youth Services on 9942 2680.

Monthly Carers Support at Hunters Hill Ryde Community Services

- What? Young Adults with Disabilities (ages 30-40) meet on the 3rd Wednesday from 7.30pm. Social Coffee Club meet the last Friday from 9.30am. Korean Cockatoos (parents of school students) meet the 2nd Thursday from 10.30am.
- Where? Carers Support, 46 Gladesville Rd, Hunters Hill.
- RSVP? Phone Rosemary Liu on 9817 0101 or email carers@hhrcs.org.au.

Centacare Brookvale Family Support – Courses in Term 1

Free Triple P Seminar Series - 2 seminars both start 7 March - one is a day (Manly West) series, and the other an evening (Cromer) series. Behaviour Management of children 2-12

Triple P Group - starts 15 Feb - in-depth behaviour management technique for parents of children 2-12.

Circle of Security Parent Group - starts 10 Feb - model for building up positive attachment with kids.

Free Sing and Grow Group - starts 20 Feb in Dee Why, encourages child development through singing.

Cool Kids - for kids with anxiety issues & their parents, starts 20 Feb, 6-8pm. \$100/ family (negotiable)

VOLUME! In Easter Holidays for siblings of children with a disability and young carers (children with parents with a disability). Free, over 3 days during 2 different weeks. Very popular.

RSVP? Contact reception on 8968 5100 or email brookvale.reception@dbb.org.au.

Families invited to Hear about the Supported Living Fund

What? NSW CID and Family Advocacy have gone into partnership to run a series of seminars for people with disability and their families throughout NSW. The first round of expressions of interest, through ADHC, is complete and resulted in overwhelming demand. The second will open in the next 12 months. See [www.family-advocacy.com/docs/Supported Living Fund Seminars for families and carers.pdf](http://www.family-advocacy.com/docs/Supported_Living_Fund_Seminars_for_families_and_carers.pdf).

When? Tue Feb 21 Blacktown, Wed Feb 22 Burwood, Thu Feb 23 Hornsby, Thurs March 8 Campbelltown. More in other sites in NSW.

RSVP? Contact Family Advocacy on 9869 0866 or 1800 620 588 for further details.

Men's Cooking Courses 2012

What? Men who care for a family member or friend who is ill, frail aged, or who has a disability are invited to join to prepare a 2-course meal to share with the other course participants. An ongoing Men's Cooking Support Group enables participants to continue to meet on a monthly basis. If you are recently widowed, or your wife has been admitted into an age care facility, you are also eligible to enrol in the Men's Cooking course.

When? The course runs once a week for 6 weeks from 11am-2.30pm.

○ Northern Beaches (Wed) at ANZAC Village Narrabeen: 8 & 15 & 22 & 29 Feb, 7 & 14 March.

○ Galston (Thu) 23 Feb, 1 & 8 & 15 & 22 & 29 March.

○ Eastwood (Mon) 16 & 23 & 30 April, 7 & 14 & 21 May.

● ** Tasting session scheduled for 16th March as part of Ryde Council's Senior's Week activities **

○ Northern Beaches (Fri) at The Tramshed Narrabeen: 20 & 27 April, 4 & 11 & 18 & 25 May.

○ Lane Cove (Tue) 10 & 17 & 24 April, 8 & 15 & 22 May

○ Hornsby dates To be announced

RSVP? Bookings are essential so phone Mary DiMattina on 9998 0811 or email mdimatti@nsccahs.health.nsw.gov.au (leave a message if she is out of the office).

Note: The Northern Sydney Carer Support Service NSLHD provides information, education and guidance to Health staff and family carers. Phone 8877 5349 or email carersns@nsccahs.health.nsw.gov.au. See www.nscchealth.nsw.gov.au/carersupport/aboutus.

Events with "Someone to Turn To" in 2012

Network of parent to parent support by people who have a child with Autism Spectrum Disorder

Fathers'/grandfathers' evenings

Hornsby RSL – Wednesdays, 14 March, 13 June (re ipads, iphones, apps. & ASD), 15 August, 14 Nov.

Club Burwood – Tuesdays - 20 March with Dr Tom Tutton BIS, 22 May, 31 July (post school transitions), 23 October.

Parents'/grandparents' evenings

Hornsby RSL: Tuesday 24 April, Club Burwood: Tuesday 4 September

Pampering & information days - Hornsby RSL – Tuesday 27 March

Training for new volunteer support parents - the weekend of 10-11 March.

RSVP? For details and to book your seat, phone Pauline on 8977 8335 or Charlotte on 8977 8348, or email phunterknight@autismspectrum.org.au. Do contact us if you would like some phone support by another parent of a child with ASD who understands and "has been there", or if you feel able to give support by phone to another parent/grandparent/carer experiencing a difficult time.

Carer Support Training for Family Carers (March – June)

- What? Family carers (and Community Care Workers) are welcome to attend sessions held on Mondays. The sessions are free of charge, and will be conducted by Carer Support Service staff and guest speakers. Tea and coffee will be provided.
- 5 Mar 1-3pm Planning ahead – the legal aspects and advance care planning. This session aims to assist family carers to know what is required and how the system works
- 2 Apr 1-3pm Dementia – introduction to caring for a family member/ friend with dementia
- 7 May 1-3pm Introduction to Caring for a family member or friend. What support and services are available? How to look after yourself
- 6 Jun 1-3pm Managing Challenging Behaviours – for carers of those with dementia or other neurological conditions
- Where? Chatswood Community Health Building, 56 Herbert St, Chatswood (3 hour free parking in Chatswood Chase) on the first Monday each month.
- Info? Contact Barbara on 8877 5141 for information. Specialist topics are presented – see www.nscchealth.nsw.gov.au/carersupport/aboutus for other Carer education provided in the Northern Beaches region.
- RSVP? Bookings are essential so call Northern Sydney Carer Support on 8877 5349 or email carersns@nscchhs.health.nsw.gov.au.

Let Your Voice Be Heard - ARAFMI NSW Carers Consultation

- What? Family members and carers and other interested persons are invited to discuss recent developments relating to the NSW Mental Health Commission, what they mean for you and the best ways for us to find out what you think of this and other developments around mental health services - in particular, the priorities set by the Commission Taskforce. You can read about the Commission and download a copy of the plain-English Community guide at <http://bit.ly/znzV4B>. Light refreshments will be provided.
- Where & When? Macquarie Hospital, North Ryde on 20 Feb, 11.30am-1.30pm.
- St Vincent's, Darlinghurst on 22 Feb, 1pm-3pm.
 - Liverpool Library on 24 Feb, 4pm-6pm.
 - YHA Hostel, Katoomba on 25 Feb, 11am-1pm.
 - Bradfield Park Carers, Milsons Point, on 29 Feb, 10:30am-12:30pm.
- RSVP? Registration is essential (for catering purposes) on www.surveymonkey.com/s/MXPHDJ9 on phone ARAFMI on 9332 0777 or email admin@arafmi.org.

Group for People with Anxiety and Depression

- What? Under the ATAPS program the Manly Warringah Division of General Practice Ltd (MWDGP) has a group for adults (aged 18+) who have a Mental health Treatment Plan completed by their GP, and may benefit from a group program. The program is ideal for low income earners.
- When? Evening group starts on Monday 20 February; day group starts on Wednesday 22 February. The 2-hour sessions run for 7 weeks.
- Where? Mona Vale Hospital, Coronation Drive, Mona Vale.
- RSVP? Anyone interested can phone Liz Kirov, Mental Health Program Manager, on 9998 0350.

Uniting Care Mental Health– Holding onto Hope

- What? This free course aims to assist those caring for someone with a mental illness cope with daily challenges and become more resilient. Covers carers in North Sydney and Central Coast.
- When? 20 and 21 February, 9.30am registration, 10am-4pm.
- Where? Seaforth Function Centre, Balgowlah RSL, 30-38 Ethel Street, Seaforth.
- RSVP? By 15 February, phone Uniting Care Mental Health on 4322 1855 or email Kelly.moes@ucmh.org.au to register.

FUNDRAISING / FINANCIAL ISSUES

Reminder to HACC Service Providers re Offer

A reply to the letter of offer for the next 2012/2013 funding agreement is required. You need to contact the DoHA Portal at www.health.gov.au to lodge your agreement or disagreement with your letter of offer by 23 February 2012. If you have not received your letter of offer, contact the DoHA Helpdesk by phoning 1800 057 616 (Mon-Fri 8am-6pm) or email to HACC.reform@health.gov.au. You may also contact your ADHC regional project officer if you have questions or issues in relation to the disability split.

JOB: Coordinator, Carer Support/Flexible Respite, NBI, Warriewood

Northern Beaches Interchange provide a range of respite recreation and support services for families with a child/adult with a disability. NBI seeks a skilled and compassionate Coordinator to join the team. The role will focus on leading our Carer Support Projects including our Siblings Program whilst also coordinating respite support and assisting with recruiting and supporting our great team of staff and volunteers. Hours 21- 35 hrs pw. For details, see www.nbi.org.au/employment.html. Closing date 17 February.

JOBS: Part-Time Positions at Northside Community Forum, St Leonards

This community based organisation works to improve care across the 11 LGA of Northern Sydney. For information or the job description criteria, email Liz Jenkins at elizabethj@nsforum.org.au or call 8405 4434.

Co-ordinator in Young Carers Program (14 hrs per week to 30 June 2012).

Job share vacancy in the Outreach Projects team – require relevant tertiary qualifications and/or experience, ability to organise and manage time, understanding of carer issues, familiar with MSOffice, good communication skills.

Coordinator, Respite Services (21 hrs/wk)

Requires previous experience undertaking interviews and assessments, strong communication skills, ability to build relationships and work collaboratively, qualifications in human services, passionate about carers. Salary Packaging available

JOB: Paid Craft Facilitator, Sunday Activities for Adults with Special Needs, Warriewood

Preference will be given to an experienced craft tutor to plan a program of activities and teach a range of craft to adults aged 25+ with disabilities requiring low to moderate support. Conducted on alternate Sundays 11am-3pm from February to November. Paid for up to 5 hours per activity day (includes planning and travel time). For information or to express your interest, phone Maureen on 9913 1474.

JOB: Day Programs Service Manager, Disability Support, Flintwood Disability Services, Brookvale.

Two Day Program sites in Brookvale provide support for people with a disability to live independently and gain greater access and participate in their community. Require 12+ months similar experience, drivers license, First Aid certificate, Cert IV (Disability) or to obtain, team attitude. Offer Grade 4 SACS, salary packaging after 3 months, Employee Assistance Program. For job description and application form, email jenny.mcgowan@flintwood.org.au. For information on Flintwood, see www.flintwood.org.au.

JOB: Program Manager, Brain Injury Association NSW

The position is full time, fixed term to 30 June 2013, with possible extension depending on funding. See biansw.org.au/images/stories/Program_Manager_job_description_cover_Jan_2012.pdf for the job description. Any enquiries about the position to Rachel Merton on 9868 5261. Applications close at 5pm on Friday 17 February 2012.

RESOURCES

ADHC and NDS release “It’s your business”

Ageing, Disability and Home Care (ADHC) and National Disability Services (NDS) have provided important information and practical resources to assist organisations to create robust employment practices – including different processes, systems and checks – to ensure that the right people are in the right positions. This governance resource for directors of voluntary boards and management committees can be downloaded at www.adhc.nsw.gov.au/sp/training_and_development/good_governance. ADHC's expectations of organisations in regards to probity in employment are set out in a Position Statement that explains why probity in employment is important and the benefits that a stronger probity checking system is intended to bring for all stakeholders. The Fact Sheet explains how ADHC will support non-government organisations to meet these expectations.

Information, Language and Culture

The website www.mylanguage.gov.au contains Information in over 65 community languages; Translations of health, legal, settlement, education and library information; Tools for creating new resources; Guides to language collections and multicultural services. This is the result of a partnership between the State Libraries of NSW, QLD, SA, VIC, WA, NT Library and Libraries ACT.

CRUfAD's VirtualClinic is Recruiting for the "Sadness + CBM Program"

Depression is a widespread treatable mental disorder which causes weeks of sadness, loss of interest, low energy, inability to concentrate, and feelings of worthlessness. The Clinical Research Unit for Anxiety and Depression Virtual Clinic, run by UNSW and St Vincent's Hospital, is recruiting for a study to treat depression in adults aged 18-65 years. Cognitive Bias Modification (CBM) is a new computerised intervention that aims to modify negative thinking styles. The 8-11 week program of CBM training and 6 lessons, delivered via computer, will start in February 2012. <https://www.virtualclinic.org.au/> Of the 1600 participants in programs to treat depression, GAD, social phobia, panic, PTSD, and OCD between 2007 and 2010, 98% replied that it was worth their time joining the program.

Individuals can also register their interest in only one of the following:

- The Get Happy Mobile Program - starting early February 2012
- A treatment for adults with depression using a mobile app (you will need an iPhone, Android phone or tablet, you will have used a mobile app before and you will need to be confident with technology). The Program involves 6 lessons over an 8-10 week period.
- Worry and Sadness Internet self help - starting April 2012.
- Shyness Internet self help - starting April 2012.

Source: *The Mind Reader* – January 2012 newsletter of Mental Health Association and ARAFMI

YOUR PARTICIPATION COUNTS

Walk Around the World Challenge – in Lane Cove

- What? All people with disabilities are invited to join this collaborative project of Lane Cove Council, Rotary Club of Lane Cove, Australian Diabetes Council and BlueFit Foundation to get the local community active throughout March. Monies raised will fund parks equipment and disability exercise stations in Lane Cove.
- When? Launch on Saturday 3 March at 2pm. Finale and National Bluefit Swimathon on Saturday 31 March, 10am-4pm.
- Cost? \$20 per person, includes a sign up pack with pedometer, relevant health information, free pre-challenge health test.
- Register? Click online at www.walkaroundtheworld.org.au.

Call for Entries to Art Competition & Exhibition 2012 – International Women's Day (IWD)

- What? To celebrate IWD, the City of Ryde is inviting art works in all art forms which reflect the theme: Connecting Girls, Inspiring Futures.
- Where? Brush Farm House Gallery, 19 Lawson Street, Eastwood.
- When? Exhibition opening night Thursday 8 March at 6pm. Open to Saturday 10 March at 4pm.
- Info? Applications close Wednesday 2 March. For information and the entry form, see www.ryde.nsw.gov.au/lwdart.. Further information, contact Margarita Videla, Community Development Officer, Community and Culture, on 9952 8311 or mvidela@ryde.nsw.gov.au.

Volunteers invited to Christian Camp for Adults with Physical and other Disabilities

- What? Experienced and non experienced helpers, lifters/non-lifters, part time/full time needed for camp for adults aged 18+with disabilities. WROK ON (Wheelchairs Rule OK). God's Word is preached, fun is had by all and physical care is given.
- When? Friday 23 March at 7:30pm to Sunday 25 March at 2pm. Volunteers needed before/after this.
- Where? Blue Gum Lodge, Fels Ave, Springwood and is overseen by Anglican Youthworks.
- RSVP? Enquiries to Joe Pennington 9808 6992 (home), 9842 2480 (work), 0423 149 486 (mobile), 9842 2366 (fax), or email Joe.Pennington@dhs.nsw.gov.au

Calling Research Volunteers for Schizophrenia Drug Trial in Sydney!

Neuroscience Research Australia are looking for 88 adults (aged 18-50, NSW or ACT) with schizophrenia or schizo-affective disorder (male and female) to take raloxifene for 6 weeks (in addition to their ongoing anti-psychotic medication). There will also be a 6 week placebo treatment phase, with cognitive tests, blood samples taken and possibly an MRI scan of the brain during 4 visits in the 13 week period.. For a criteria factsheet, phone Nick on 9399 1683 or email n.vella@neura.edu.au.

Source: *The Mind Reader* – January 2012 newsletter of Mental Health Association and ARAFMI

One Year of the Every Australian Counts campaign

Opposition Leader Tony Abbott has committed to the introduction of the NDIS as a priority for a coalition government. Creation of the National Disability Insurance Scheme is now the only issue in modern politics that currently has multi-partisan support. Every Australian leader at state and federal levels is in broad agreement with the NDIS, regardless of their political persuasion.

CONFERENCES, TRAINING, SEMINARS

Stepping On – to Prevent Falls

- What? People aged over 65 are invited to attend a free program to enhance skills to avoid falls. Attendee must be able to walk independently or with a walking stick.
- Where? St Keirans Parish Centre, corner Pittwater Rd and King St, Manly Vale. Carpark off King St.
- When? For 7 weeks from 10 February.
- Info? Phone 8090 1212.

What's the Rent? A Shelter NSW and Tenants Union Seminar

- What? Agencies that assist low-income tenants or tenants are invited to attend to investigate current arrangements for delivering affordable rents, and explore directions for reform. See www.shelternsw.org.au and www.tenants.org.au.
- When? Wednesday 15 February, from 9am to 1pm.
- Where? Mitchell Theatre, Level 1, Sydney Mechanics' School of Arts, 280 Pitt Street, Sydney.
- Cost? Registration \$45 (waged) and \$20 (unwaged) include GST and morning tea.
- RSVP? Bookings are essential by 8 February. For registration queries, contact 9267 5733 ext. 13 or email admin@shelternsw.org.au. For other queries, call Paula Rix on (02) 9267 5733 ext. 12 or email paula@shelternsw.org.au.

Northern Beaches Under 5's Disability Forum

- What? Organisations providing services to children with a disability aged 0 - 5 years within Manly, Warringah and Pittwater are invited to share information and network, with light lunch. Guest speaker is from Northern Sydney Carer Respite Centre, re: Support for Carers, such as Mental Health Support.
- When? Thursday 16 February, 12noon – 2.30pm.
- Where? Flannel Flower Room, Civic Centre, 725 Pittwater Rd, Dee Why. Library carpark on St Davids Ave and Pittwater Road.
- RSVP? Email ingrid@nbi.org.au by Monday 13 February 2012.

The 3Rs Workshop: Recognise, Respond, Refer

- What? Relationships Australia, with assistance from the Office for Women's Policy NSW Department of Premier & Cabinet., invites community workers to increase their awareness in recognizing, responding and referring families where there may be family violence concerns. This free workshop is run by qualified and experienced professional facilitators (group work facilitators).
- Where? Hornsby Waitara Community Hub, Mission Australia, Ground floor, Suite 3, 1 Coronation Street (next to the Post office), Hornsby (3hr parking close by).
- When? 16 February, 9:30am – 4:30pm.
- RSVP? Book by phoning Elisabeth Moody on 9476 0146. For information, phone 1300 364 277 or see www.nsw.relationships.com.au.

Free Board Development Training Opportunity

- What? NDS invites current board members of not-for-profit organisations, funded by ADHC in the disability sector, to attend a customised Australian Institute of Company Directors Foundations of Directorship 3-day course at no cost to participants. No previous formal qualification or board knowledge is required. The NSW Industry Development Fund has funded up to 200 places in this course that would usually cost \$3,230. The remaining 5 (of 8 courses) will be delivered from March to June 2012. Travel assistance is available to eligible participants.
- When? Applications have been extended to close on Friday 17 February 2012. A maximum of two board members per organisation are permitted to attend one course.
- RSVP? See www.nds.org.au/projects/article/47. For any enquiries, contact Megan Sandford, NDS NSW State Planning Coordinator on 9256 3103 or email megan.sandford@nds.org.au.

Advocacy Training by the Public Interest Advocacy Centre (PIAC)

- What? Free seminars for community workers and volunteers to understand how government works, and to provide an understanding of advocacy.
- When? Friday 17 February, 9.30am-1.30pm.
- Where? Suite 3, Hornsby/Waitara Community Hub, 1 Coronation Street, Hornsby.
- Cost? Free. Supported by the Settlement Grants Program managed by Hornsby Shire Council, Relationships Australia Community Builders, and Hornsby Waitara HUB.
- RSVP? Essential to book by phoning Elisabeth on 9476 0146 (moodye@missionaustralia.com.au), Cai Ruggles on 9847 6502 (cruggles@hornsby.nsw.gov.au) or Kerry, Community Builders Sector Development, on Kerryinv@ransw.org.au

Identifying & Supporting Young Carers - Regional Information sessions

- What? Young carers are children and young people up to the age of 25 who provide care and support to someone who has a disability, long term illness, physical illness, mental illness, drug or alcohol problem. Family and Community Services (Ageing, Disability and Home Care) in partnership with staff from the Young Carers program at Carers NSW will hold regional information sessions to promote new resources to assist frontline staff in identifying and supporting young carers. The sessions are open to all interested government and non-government service providers and will showcase a new guide, website and e-learning tool.
- Where and When? Sydney (Parramatta) on 23 Feb (10am–12pm)
▪ Super Session - Sydney (City) on 1 March (10am–12:30pm)
- RSVP? To book, contact Wendy Sharman on 9277 5620 or email wendy.sharman@fac.s.nsw.gov.au.

Regional Forum: The Financial Implications of Individualised Funding

- What? The Industry Development Fund is inviting management responsible for finance in all organisations funded by Ageing, Disability and Home Care to discuss the implications of individualised funding within not for profit disability providers. The meeting in the Far North Coast will be scheduled at a later date.
- When? 29 February, from 1.30pm on.
- Where? Chatswood Club, 11 Help Street, Chatswood. Other meetings: Coffs Harbour - 22 February, Orange - 23 February, Kogarah - 24 February, Albury - 28 February, Wollongong - 6 March, Tamworth - 8 March.
- RSVP? You can register online at <https://www.surveymonkey.com/s/HJRXQL3>. For information, contact Pauline Stanley, Change Management Consultant, Industry Development Fund, NDS NSW, by phoning 9256 3102 or emailing pauline.stanley@nds.org.au.

NDS NSW Round One Regional Meeting for Metro North

- What? This quarterly forum for NDS members, non-members and interested parties covers a broad range of policy developments and their implications for the disability sector. Topics include: the NDS NSW State Report (including NDS NSW projects), **Supported Living Fund** update by ADHC (including the role of service providers), FaHCSIA report, and NDS National Report. **ADHC Sector Planning Framework Consultation (1.30pm-4.30pm)** ADHC will work with local communities to improve and build support for people with disability to access the services and supports they need and increase their contribution as part of the local community. Place based planning means that local communities plan for services and supports with a range of partners including service providers and NGO peaks, NSW Government and Commonwealth agencies, local government and people with disability, their families and carers. For information, see www.adhc.nsw.gov.au for Sector Planning Framework Policy and Guidelines.
- When? Wednesday 7 March, 10am-1pm NDS meeting, and/or 1.30-4.30pm Sector Planning Framework Consultation
- Where? Chatswood Club, 11 Help Street Chatswood.
- RSVP? Registration is essential (for venue and catering purposes) at <https://www.surveymonkey.com/s/YJR8P8C>. For enquiries, contact Katherine McLellan, Sector Development Officer NDS NSW, on katherine.mclellan@nds.org.au (9256 3137).

Free Community Health Forum in Ryde - Your Health Service Needs You

- What? The Ryde Hospital Community Consultative Committee invites residents to express their views, ideas and suggestions for Ryde Hospital health services. Local health consumer and health professionals will share their experiences with forum participants
- When? Wednesday 29 February, registration 9:30 am, 10am – 1pm (includes light lunch).
- Where? Ryde-Eastwood Leagues Club, function room “Ryedale Room”, 117 Ryedale Road, West Ryde. Free onsite parking; 5 min from West Ryde train station; bus 501, 513, 520, 524, 534.
- RSVP? Phone Tracy on 9858 7565 for catering purposes.

The Trevor Parmenter Annual Lecture – Prof Tony Holland

- What? To celebrate the contribution of Emeritus Professor Trevor Parmenter, the Centre for Disability Studies announced an annual lecture series in his honour. The 2012 Lecture will be delivered by Professor Tony Holland of Cambridge University, on the clinical, research, policy and human rights aspects of “Vulnerability and risk: managing tensions inherent in the support of people with intellectual disabilities”. He is an internationally renowned Psychiatrist in Intellectual Disability, with interests in mental health aspects of Prader Willi Syndrome; Alzheimer’s disease in people with Down syndrome; and clinical/legal issues relevant to the needs of people with intellectual disabilities.
- When? Wednesday 7 March, 6pm – 7pm followed by light refreshments. Free.
- Where? Main Auditorium, Kolling Building, Level 5, Royal North Shore Hospital, Pacific Highway, St Leonards 2065
- RSVP? Bookings are essential so, by 29 February, phone 9036 3600 or email margaret.carrick@sydney.edu.au with your name, address, contact no and email address, organisation / affiliation (if applicable), and dietary or special requirements.

CALD Senior Information Sessions in the Northern Beaches

- What? Four senior information sessions will cover information on support and services available in the community, and also services provided by Centrelink. It is also an opportunity for seniors from CALD backgrounds to meet local services providers. Lunch will be provided between 12pm and 1pm on both days.
- Where? Salvation Army Community Hall, Fisher Road, Dee Why.
- When? Monday 12 March - Italian 10am-12noon, Spanish 1pm-3pm
Monday 19 March - Mandarin 10am-12noon, Serbian 1pm-3pm
- RSVP? Contact Grace Chan grachan@nscchahs.health.nsw.gov.au or 8877 5316 or 0434 325 990.
Source: Northern Sydney Multicultural Access Project Update December 2011 – January 2012

The Why and How of School Inclusion

- What? Dr Bob Jackson, Assoc Prof and Regional Director with WA Disability Services Commission, will explore inclusive education and provide families and educators with information and strategies. Family members, friends and educators of a student with developmental disability are welcome to look at possibilities of successful mainstream school education.
- When? Newcastle 13 March, Ryde 14 March, Hurstville 15 March, Wollongong 16 March.
Registration 9am, workshop 9.30am-2.30pm.
- Cost? Person with disability \$10, family member / friend \$20, student \$30, professional \$60.
- RSVP? By 1 March, phone Family Advocacy on 9869 0866 or email workshops@family-advocacy.com.

Workshop: Community Garden/Food Systems

- What? Telopea Centre staff will showcase accessible gardens for disabilities and aged and discuss ideas. Representative from Australian Community Gardens and City Farms Association will talk about their website, resources and funding opportunities available. Information and discussion on equitable governance for community gardens that will sustain the project.
- When? 22 March, 10am-3.30pm. Lunch provided.
- Where? Telopea Centre, Ryde TAFE. Entrance and parking on Parkes Street. The Telopea Centre is the home-base for Horticultural Therapy in New South Wales and is located within the grounds of the Ryde College of TAFE, which specialises in horticulture training.
- RSVP? Contact Kerry Valeontis, Community Builders Sector Development, on Kerryv@ransw.org.au or 0423 552 780 to register.

Fighting Fair - Mediation and Conflict Resolution (Level 1)

- What? This assists professionals to explore conflict and impart the essential principles and process of mediation through a structured 5-step mediation model and specific conflict resolution skills. See www.fightingfair.com.au. The course is endorsed by the Australian Association of Social Workers (AASW 24pts) and the Australian Psychological Society (APS 12pts). Presenter Scott Dutton is an experienced social worker with a background in parent-adolescent mediation, and can tailor in-house training in regional / metropolitan areas.
- When? 13-14 March, 9:15am–4:15pm.
- Where? Quality Hotel Cambridge – Surry Hills.
- Cost? \$450+GST (Early Bird - 2 months prior to start or AASW member) or \$450+GST non-members. Includes training manual, morning and afternoon tea, vegetarian lunch.
- RSVP? Online registration at www.fightingfair.com.au. For information, email Scott Dutton, Mediation and Training Consultant, on fightingfair@bigpond.com or phone 0425 837 756.

Northern Beaches Mental Health Community Forum and Expo

- What? The Northern Beaches Mental Health Service, Pioneer Clubhouse, and the Northern Beaches Mental Health Service community Consultative committee are hosting “Sharing the care and Knowing What’s Out There” in order to enhance partnerships between the community and mental health service. MC Rob Ramjam (CEO Schizophrenia Fellowship NSW). Guest speakers include Paula James (Director Northern Beaches Mental Health, NSW Health), Prof Tim Lambert (Concord Hospital The University of Sydney NSW), Assoc Professor John Allan (NSW Chief Psychiatrist), Jo Wood (Pioneer Clubhouse), Katherine Owen (Respite Services – Orana Far/West, Schizophrenia Fellowship of NSW Inc), Bill Gye (GM Recovery Services, Schizophrenia Fellowship NSW), Joel Murchie & Matt Ireland (Mental Health Intervention Police Team). Morning tea will be provided.
- When? Thursday 22 March, 9am registration, 9.30am-3pm. Services can book a stall before 28 February.
- Where? Dee Why RSL, 932 Pittwater Road, Dee Why. Parking around the back.
- Cost? Free to attendees; \$20 per person working on the stalls to catering costs. The event is sponsored by NSW Health and Pioneer Clubhouse.
- Info? For information, phone Jenny Ovenden on 9976 9605 or Jak Dennison on 9907 9999. To book your stall, phone Pioneer Clubhouse on 9907 9999 or email mail@pioneerclubhouse.org.au.

Challenging Behaviours in Years 5 to 10

- What? Presenter Ian Luscombe, Principal of Redbank School, will speak on practical and inspiring strategies for parents, teachers and health professionals to use at school and home.
- When? Thursday 22 March, 9.30am registration, seminar 10am-12pm noon.
- Cost? \$30 Seminar entry LDC Member, \$65 Seminar entry Non LDC Member. Until 31 May, seminar entry and NEW individual or school membership: \$60 or \$75. Two / six registrants @ member rates per Individual / school membership.
- Where? Parramatta RSL Club, Cnr Macquarie & O’Connell Sts, Parramatta. Free onsite parking.
- RSVP? Register online at www.ldc.org.au by Thursday 15 March.

Assisting Access to the Sex Industry - A Touching Base workshop

- What? Family Planning NSW and Touching Base offer this workshop twice a year for disability service providers, policy officers and carers in New South Wales; to allow them to explore the issues they may face when assisting people with disability to access the sex industry. More information and registration available on the Touching Base website: www.touchingbase.org.
- When? Thursday 29 March .
- Where? Family Planning NSW, 328-336 Liverpool Rd, Ashfield.
- Cost? \$180 - includes a copy of the 'Touching Base Policy and Procedural Guide for disability service providers supporting clients to access sex services.
- RSVP? By 15 March, contact Athena Donikian, Course Coordinator - Family Planning NSW, on 8752 4349 or email education@fpnsw.org.au. www.touchingbase.org/workshops-and-training/spat.

RIDBC Renwick Centre Continuing Professional Education program

[Braille for Beginners: Module 1](#) -Distance Education \$150.

[Sign Language \(Auslan\) 1 and 2](#) - 15-17 February, 28-30 March \$250.

[Improving the Outcomes for Students with Vision Impairment in Mainstream Settings](#) - 22 Feb, 8:30-3:30 \$150.

[Improving the Outcomes of Students with Hearing Impairment in Mainstream Settings](#) - 29 Feb, 9am-3:30pm ALSO 12 Mar, 9am-3.30pm. \$150, \$40 for teachers receiving support from the RIDBC School Support Service: Hearing Impairment.

[FlashSonar and the Elements of Perceptual Mobility: the basis for freedom](#) - 1 March, 12-4pm \$150.

[FlashSonar and the Elements of Perceptual Mobility: the basis for freedom](#) -2 March, 9am-4pm: \$150. The Listening Tour – by Nancy Caleffe-Schenck of Auckland, NZ. Day 1: Start Listening: Children and Adults, Day 2: Sound Speech for Speech Sounds- 19-20 March OR 22-23 March OR 26-27 March. \$250.

Where? 361-365 North Rocks Road, North Rocks.

RSVP? See www.ridbc.org.au/renwick/courses/cpe_list.php for details, or enquire from Trudy Smith on 9872 0302 or trudy.smith@ridbc.org.au.

Drugs, Crime and Brief Interventions for Young Offenders

What? The Sydney Institute of Criminology hosts John Howard, National Drug and Alcohol Research Centre (NDARC) and clinical psychologist who consults to United Nations programs, to provide an update on the drug use of young people, available intervention options, and how those who come into contact with young offenders who use drugs may be able to provide helpful evidence-informed and brief interventions.

When? 11 April, 9am-5pm.

Where? Room 340, Sydney Law School, New Law Building ANNEX (F10), Eastern Avenue, University of Sydney.

Cost? Full fee \$240, F/T student \$150, University of Sydney staff \$190, Sydney Law School alumni \$190 (Fee includes GST).

RSVP? See <http://sydney.edu.au/news/law/457.html?eventcategoryid=35&eventid=9175> or <http://bit.ly/wg2K1t> for information and registration.

Reminder: An Introduction to Working with Those who Self-abuse

What? Training for professionals to better understand the concept of self-abuse and working with individuals who self-abuse. This includes facilitating on a group and one-to-one level utilising a module based consumer recovery package.

When? 15-16 March, 8.45 registration, for 9am-4pm.

Where? Schizophrenia Fellowship, LMEC Room, Bldg 36, Digby Rd, Old Gladesville Hospital, Gladesville.

Cost? \$395 per person. Light refreshments provided.

RSVP? For information or to register, email Annie of Safe in Oz (Self-Abuse Finally Ends) at www.safeinoz.com.au.

Reminder: ABCD Workshops - Facilitation Training

What? This practical, hands-on event will provide ABCD (Asset Based Community Development) practitioners with skills, information and tools to facilitate programs and support others in ABCD perspectives and strategies. ABCD is a powerful approach to community development that focuses one's effort on discovering and mobilising the resources already present in a community. The presenter, Ted Smeaton, is based in Australia and an international faculty member of the ABCD Institute, University of North Western Chicago USA, and Chairperson of the ABCD Asia Pacific Network.

Where and When? Melbourne (Jasper Conference & Event Centre, 489 Elizabeth St) 28-29 March, Sydney (Y Hotel, 5-11 Wentworth Ave) on 2-3 April, 9am to 5pm.

Cost? Full fee \$550 (incl GST). Early bird fee \$490 (incl GST) for payments received by 18 March.

RSVP? Information from www.inspiringcommunities.com or email Maggie@cbusinesscollege.com or post to PO Box 589, Wyoming 2259.

Free Community Care Worker Professional Training – March - June 2012

- What? Sessions will consist of short lectures and group work to ensure all participants have an opportunity to take what they need from each topic. Family carers are welcome to attend.
- When? Thu 1 Mar 10-12pm Medication management – handling and providing medications – Head of Pharmacy RNSH
- Wed 7 Mar 5-7pm Professional boundaries – exploring boundaries, communication, teamwork
 - Wed 4 Apr 5-7pm Peg feeding and suctioning – CNC Neurology (we will have a dummy and equipment for this session)
 - Wed 2 May 5-7pm Continence aids and management – CNC
 - Wed 6 Jun 5-7pm Pressure sore prevention & wound management – CNC
 - Also for staff - 3-day Aged Care course March - Challenging Behaviours – intensive course run over 2 Fridays (16 & 23 March, 9.30-4pm)
- Where? Emily's at Macquarie Hospital, North Ryde (Badajoz Rd entrance – Third Ave – then turn right into Manning St where Emily's is the 2nd building on the right).
- RSVP? Bookings essential so email Carer Support on carersns@nscchahs.health.nsw.gov.au or phone Barbara on 8877 5349 (especially regarding the course on 16 & 23 March). Organisations are requested to place block bookings for sessions to facilitate administrative aspects. See www.nscchealth.nsw.gov.au/carersupport/aboutus.

HACC Training at Northside Community Forum

- Where? Northside Community Forum Inc, Level 3, 1 Chandos Street, St Leonards.
- Cost? Per course (unless noted as 'no fee'): \$20 HACC service workers & non-HACC volunteers, \$60 Non-HACC workers
- Info? For information, phone 8405 4444 or email ns-haccdo@nsforum.org.au. For registration form, see www.nsforum.org.au/files/Training/Registration-Form.pdf
- HACC Orientation Day 1 – an overview of HACC and making referrals – staff and volunteers – 16 Feb, 9.30am-4pm.
 - Identify and Respond to Children and Young People at Risk – all mandatory reporters – 28 Feb & 13 Mar, 9.30am-3.30pm.
 - HACC program: Accountability – funding agreements, program manual common community care standards – staff, especially new managers – 8 Mar, 9.30am-4.00pm.

Professional Development Short Courses at IFP in March 2012

For information or a registration form, visit www.ifp.nsw.edu.au/professionaldevelopment.htm, email info@ifp.nsw.edu.au or phone 8830 0755. *UnitingCare* Institute of Family Practice is a Registered Training Organisation (RTO) with the NSW Vocational Education and Training Accreditation Board. Training located at Level 4, 146 Marsden Street, Parramatta NSW 2150.

- Thu/Fri 8-9 Mar and 15-16 Mar - Family Group Conferencing (Accredited)
- Thu 15, 22, 29 Mar - Clinical Supervision
- Fri 16 Mar (rescheduled from 27 Jan) - Helping Your Child with Primary School (to run groups with parents)
- Mon 19 Mar - Engaging Men In Family Based Programs
- Mon/Tue 19 - 20 Mar - Accidental Counsellor at Campbelltown
- Tue/Wed 20-21 Mar - Community Development -Theory and Practice (Accredited)
- Fri 23 Mar - Strengths Based Therapeutic Work with Children
- Wed 28 Mar - Working With Addictions in Child and Family Work
- Wed 28 Mar -Domestic Violence Awareness for Frontline Workers

Service Providers are welcome to reproduce any item, with the acknowledgement
Source: Warringah Disability Newsletter" - date.

The next newsletter will appear on 23 February 2012.

THE END