

# ACCOMMODATION, HOUSING

## Emergency Accommodation

### Catholic Parish of St John the Apostle & Evangelist , Narraweena

**Phone:** 9971 8569 **Fax:** 02 9971 2496  
57 Waratah Pd, Narraweena 2099

**Email:** [office@warringahcatholicparish.org.au](mailto:office@warringahcatholicparish.org.au)

**Service Description:** Enjoy a warm meal prepared by volunteers at this Church. Every Wed evening 6pm-7pm from October to May.

**Hours:** Mass Sat 5pm, Sun 8am, 10am, 6pm and Mon-Fri 9.15am. Daylight Saving Sat 5pm and Sun 6pm

### Manly Warringah Womens Resource Centre

**Phone:** 9971 4499 **Fax:** 02 9971 4324

**Mail to:** PO Box 556, Dee Why 2099

**Email:** [julie.s@mwwrc.org.au](mailto:julie.s@mwwrc.org.au)

**Service Description:** Provides advice, counselling support & short term accommodation for women & dependent children who are victims of domestic violence & for women whose children are victims of sexual assault. Is an information & resource centre for all women in the community. The Manly Warringah Pittwater Family Support Service runs 4 days a week Mon-Thu;

**Hours:** 8.30am-5pm Mon to Fri

### Manly Women's Shelter

Manly Community Centre, 12 Wentworth S, Manly 2095

**Mail to:** PO Box 978, Manly 1655

**Email:** [manager@mws.org.au](mailto:manager@mws.org.au)

**Service Description:** Shelter, help and advice for women.

### Mission Australia Fairlight Centre

**Phone:** 9949 1832 **Fax:** 02 9949 8271

Fairlight Centre, 9 Fairlight St, Manly 2095

**Email:** [kingsbeerk@missionaustralia.com.au](mailto:kingsbeerk@missionaustralia.com.au)

**Web:** [www.missionaustralia.com.au/community-services/3117-fairlight-centre-nsw](http://www.missionaustralia.com.au/community-services/3117-fairlight-centre-nsw)

**Service Description:** Fairlight Centre offers support for homeless men, or those at risk of being homeless, who are aged 18 or over. We accept referrals from detoxification and rehabilitation units as well as other agencies and self-referrals.

Overnight care and safety for intoxicated or drug-affected in its Complex Care Unit (CCU).

Limited transitional housing is available to those that have attained some stability in their lives.

Fairlight Centre works closely with local and other services – including health and community centres, housing providers and law enforcement agencies.

**Hours:** 7 days, 24 hrs

**Alternative Names:** Fairlight House

### Morgan House

**Phone:** 9982 5500 **Fax:** 02 9982 5488

**Mail to:** Lone Parent Family Support Service, 34A Howard Ave, Dee Why 2099

**Email:** [lpfparents@idx.com.au](mailto:lpfparents@idx.com.au)

**Service Description:** Two one-bedroom flats and one two bedroom flat that are available for medium term accommodation for young pregnant women, young mothers and babies. Provides a supportive environment for stays of up to 12 months.

**Hours:** Tue, Wed and Thu 9am-5pm

### Salvation Army Manly

**Phone:** 9977 1304 **Fax:** 02 9977 1304

59 Pittwater Rd, Manly 2095

**Email:** [manly.corps@aue.salvationarmy.org](mailto:manly.corps@aue.salvationarmy.org)

**Web:** [salvos.org.au/manly/](http://salvos.org.au/manly/)

**Service Description:** Church Service Sunday mornings for coffee and conversation from 10am.

Our New Life Community Centre is open from 8:30am until 12.30pm Monday to Friday for coffee and conversation. A hot meal and/or a sandwich is available free of charge from 10.30am onwards.

**Alternative Names:** New life Community Church

## Street Mission

**Phone:** 8901 0679

Mail to: 29 Tristram Rd, Beacon Hill 2100

**Email:** [admin@streetmission.com](mailto:admin@streetmission.com)

**Web:** [www.streetmission.com.au](http://www.streetmission.com.au)

**Service Description:** Free food service - 3 street cafes at Manly, Dee Why & Mona Vale. Sailing program - sailing for marginalised groups on Pittwater.

**Hours:** Cafe-evenings, Sailing-Tuesdays all day.

## The Burdekin Association Inc

**Phone:** 8976 1777 **Fax:** 02 9939 0377

Suite 6 & 7, 2 Victor Rd, Brookvale 2100

**Mail to:** PO Box 1323, Dee Why 2099

**Email:** [burdekin.admin@burdekin.org.au](mailto:burdekin.admin@burdekin.org.au)

**Web:** [www.burdekin.org.au](http://www.burdekin.org.au)

**Service Description:** The Burdekin Association provides medium- long term semi- supported accommodation and a range of integrated care and support services for young people (12-21) and families in the Northern Sydney area. The program areas include Early Intervention/ Family Support, Youth Housing and Community Care.

**Hours:** Mon-Fri 9am-5pm. 24 hour/7 day pager service

## Holiday Accommodation

For other hotels and motels in the area, see the local yellow pages.

## BIG4 Sydney Lakeside Holiday Park Narrabeen

**Phone:** 9913 7845 **Fax:** 02 9970 6385

38 Lake Park Rd, North Narrabeen 2101

**Email:** [info@sydneylakeside.com.au](mailto:info@sydneylakeside.com.au)

**Web:** [www.sydneylakeside.com.au](http://www.sydneylakeside.com.au)

**Service Description:** Ideal for caravans and camping on our 30 acres as well as enjoying our range of self contained accommodation. Option of 4 star award winning self contained accommodation or 4.5 star rated camping and caravan facilities.

**Hours:** Office hours 7 days 8am-6pm, after hours check-in until 10pm

**Alternative Names:** Sydney Lakeside Holiday Park Narrabeen

## Pittwater YHA

**Phone:** 9999 5748 **Fax:** 02 9999 5749

Pittwater YHA, 37 Bona Cres, Morning Bay 2108

**Mail to:** PO Box 197, Church Point 2105

**Email:** [pittwater@yha.com.au](mailto:pittwater@yha.com.au)

**Web:** [www.yha.com.au/hostels/details.cfm?hostelid=31](http://www.yha.com.au/hostels/details.cfm?hostelid=31)

**Service Description:** Via ferry/water taxi from Church Point to Halls wharf then 15 min walk to hostel. Pittwater YHA accommodates individuals, families, and groups. Self-catering kitchen. Kayak hire and information on bushwalking is available for overnight guests. Rent -A-YHA exclusive group use.

**Hours:** Reception 8am - 11am & 5pm - 8pm

## Sydney Beachouse

**Phone:** 9981 1177 **Fax:** 02 9981 1114

4 Collaroy St, Collaroy Beach 2097

**Email:** [mail@sydneybeachouse.com.au](mailto:mail@sydneybeachouse.com.au)

**Web:** [www.sydneybeachouse.com.au](http://www.sydneybeachouse.com.au)

**Service Description:** Beachside youth hostel that offers budget accommodation. Includes twin, double & family rooms as well as dormitories. 3 family rooms with ensuites are accessible for people with disabilities, as well as accessible kitchen and facilities. Heated swimming pool.

**Hours:** 8am-8pm summer; 8.30-7pm winter.

## Terrey Hills Motel and Caravan Park

**Phone:** 9450 1781

319 Mona Vale Rd, Terrey Hills 2084

**Web:** [www.terreyhillscaravanpark.com.au](http://www.terreyhillscaravanpark.com.au)

**Service Description:** Motel and Caravan Park with permanent resident section.

## The Basin Picnic and Camping Ground

**Phone:** 9974 1011 (Monday - Friday 9am - 4pm) **Fax:** 02 9974 4036

Ku-ring-gai Chase National Park, Pittwater via, Palm Beach 2108

**Mail to:** PO Box 134, Forestville 2087

**Email:** [basin.campground@environment.nsw.gov.au](mailto:basin.campground@environment.nsw.gov.au)

**Web:** [www.basincampground.com.au](http://www.basincampground.com.au)

**Service Description:** The Basin Camping Area is located on the western shore of Pittwater, part of the West Head Peninsula within the Ku-ring-gai Chase National Park. \*Bookings can be made by telephoning Garigal National Park ph: 9974 1011. Access via 2.8 kilometre walking track from West Head Road via Basin walking track, or ferry from Palm Beach. Cold showers, toilets, barbecues, drinking water. The area is also open to day/picnic visitors from sunrise to sunset.

**Hours:** Mon-Fri 8.30am to 4pm

## Hostels - Aboriginal Girls

### Biala Hostel

**Phone:** 9905 2200 **Fax:** 02 9938 3164

38 Lyly Rd, Allambie Heights 2100

**Mail to:** PO Box 783, Strawberry Hills 2012

**Email:** [biala@ahl.gov.au](mailto:biala@ahl.gov.au)

**Service Description:** Provides accommodation for Aboriginal high school students from all over NSW.

**Hours:** 7 days & 24 hours at hostel level

## Nursing Homes

This accommodation, now known as High Level Residential Care, is for those requiring 24 hour nursing care who cannot be cared for at home or in a hostel/serviced apartment in a retirement village. Very frail people eligible for this care will be assessed by the Aged Care Assessment Team.

The Aged Care Assessment Teams (ACAT) provide assessment, information, advice and assistance to elderly people who want to remain at home or who are thinking of moving into a hostel or nursing home.

For residents south of South Creek Rd, Dee Why - Manly Aged Care Assessment Team ph. 9951 0330.

For residents north of South Creek Rd, Dee Why - Mona Vale Hospital Aged Care Assessment Team ph. 9998 0356.

Information can also be obtained from Aged Services at your local Council.

Warringah 9942 2563

Manly 9976 1562

Pittwater 9970 1199

## Alexander Nursing Home

**Phone:** 9905 4154 **Fax:** 02 9905 0215

16 Victor Rd, Brookvale 2100

**Service Description:** A 37 bed registered Nursing Home, plus 15 hostel units. This is an Armenian facility but other nationalities are welcome. Catering for individual diets.

**Hours:** 9am-4:30pm

**Alternative Names:** Spitak Units

## Anglican Retirement Villages - Northern Beaches

**Phone:** 9451 6464 **Fax:** 02 9485 8118

Suite 27, 14 Narabang Way, Belrose 2085

**Service Description:** Provides accommodation and services including independent living units, assisted living(hostel) accommodation, dementia specific assisted care and nursing homes. Home support services - hourly rate and mileage charge.

**Hours:** Mon-Fri 8.30-5.00 appointments required

## Anglicare Chesalon Frenchs Forest Day Centre

**Phone:** 9452 6343 **Fax:** 02 9452 6346

467 Warringah Rd, Frenchs Forest 2086

**Email:** [hbonk@anglicare.org.au](mailto:hbonk@anglicare.org.au)

**Web:** [www.anglicare.org.au](http://www.anglicare.org.au)

**Service Description:** Day Centre based respite, hot meals, transport to & from premises for approved persons. Monday to Friday for frail elderly, and also for elderly with dementia or memory loss. An Italian specific group on Tuesday.

**Hours:** Mon-Fri 10am-3pm

## Anglicare Community Services, North Manly Day Therapy Centre

**Phone:** 9905 5227 **Fax:** 02 9905 1473

59 Thomas St, North Manly 2100

**Email:** [manlytherapy@anglicare.org.au](mailto:manlytherapy@anglicare.org.au)

**Web:** [www.anglicare.org.au](http://www.anglicare.org.au)

**Service Description:** Diversional therapy, podiatry, hot meals, transport to & from premises for approved persons. Carers Support Group on last Thursday each month 10am - 12noon at the centre for carers of people who have dementia.

**Hours:** Day Therapy Centre Mon-Fri 10am-3pm

**Alternative Names:** Chesalon North Manly Day Therapy Centre Breakaway Respite Centre

## Austral House Nursing Home

**Phone:** 9939 1288 **Fax:** 02 9905 9457

4 Austral Ave, North Manly 2100

**Email:** [fsm.austral@bcphhealth.com](mailto:fsm.austral@bcphhealth.com)

**Service Description:** Residential care for female aged residents. Programmes provided for residents as required. 24 hour nursing care to all residents. Dementia care specific. Secure.

**Hours:** 24 hours

## Aveo Minkara Resort

**Phone:** 9979 5035 **Fax:** 02 9979 5032

10 Minkara Rd, Bayview 2104

**Email:** [warwickki@aveolivewell.com.au](mailto:warwickki@aveolivewell.com.au)

**Web:** [www.aveolivewell.com.au](http://www.aveolivewell.com.au)

**Service Description:** LEVEL/S OF CARE: selfcare and serviced apartments TYPE OF ACCOMMODATION: 11 one bedroom units, 88 two bedroom and 60 three bedroom units, 43 one & two bedroom serviced apartments, 51 high level care beds on site. NEAREST SHOPS: Mona Vale Village RECREATION FACILITIES: Recreation rooms, pool, indoor games, library, BBQ, croquet and putting green. LEGAL ARRANGEMENTS WITH RESIDENTS: Leasehold. OTHER: Resident funded housing.

**Hours:** Manned 24 hours a day, business hours 9am-5pm

## Bayview Gardens Nursing Home

**Phone:** 9999 1591 **Fax:** 02 9999 1207

90 Annam Rd, Bayview 2104

**Email:** [bayviewgardens@acsagroup.com.au](mailto:bayviewgardens@acsagroup.com.au)

**Web:** [www.acsagroup.com.au](http://www.acsagroup.com.au)

**Service Description:** LEVEL/S OF CARE: Nursing Home, 24 hours nursing care. Low care, high care, dementia. TYPE OF ACCOMMODATION: Single, double, shared. Ensuite, extra service and mainstream. NEAREST SHOPS: Mona Vale. LEGAL ARRANGEMENTS WITH RESIDENTS: Agreement (Residency) Visitors may dine with residents at minimal cost if booked day prior at a cost of \$5 per meal.

## Collaroy Nursing Home

**Phone:** 9982 3111 **Fax:** 02 9972 1217

24 Mactier St, Narrabeen 2101

**Service Description:** General Nursing Home providing residential care and diversional therapy for aged persons and those with a disability.

**Hours:** Office 9 am-4 pm

## Manly Vale Aged Care Facility

**Phone:** 9949 1911 **Fax:** 02 9948 7468

Cnr Condamine & Gordon Sts, Manly Vale 2093

**Email:** [manlyvale@hardiagedcare.com.au](mailto:manlyvale@hardiagedcare.com.au)

**Web:** [www.hardiagedcare.com.au](http://www.hardiagedcare.com.au)

**Service Description:** Aged care facility, 24 hour nursing care. 100 bed nursing home. Diversional therapy. Physiotherapy. Group bus. Podiatrist, optometrist, speech pathologist, dietician, hairdresser, palliative care, audiologist, pharmacy.

## Ocean View Aged Care Facility

**Phone:** 9997 5448 **Fax:** 02 9979 5560

2 Jenkins St, Mona Vale 2103

**Email:** [fsm.oceanview@bcphhealth.com](mailto:fsm.oceanview@bcphhealth.com)

**Service Description:** LEVEL/S OF CARE: High level nursing care. TYPE OF ACCOMMODATION: 1, 2, 3 or 4 bedrooms NEAREST SHOPS: Mona Vale Shopping Centre. RECREATION FACILITIES: Diversional Therapy 5 days a week. LEGAL ARRANGEMENTS WITH RESIDENTS: - . OTHER: pets may visit. Licensed 49 bed nursing home. Dementia Specific Area.

**Hours:** 24 hours

## Palm Grove Nursing Home

**Phone:** 9971 5389; **Fax:** 02 9981 3252

71A McIntosh Rd, Narrabeena 2099

**Mail to:** PO Box 651, Dee Why 2099

**Email:** [fsm.palmgrove@bcphhealth.com](mailto:fsm.palmgrove@bcphhealth.com)

**Service Description:** Nursing home.

**Hours:** 24 hours

## Peninsular Nursing Home

**Phone:** 9997 5986 **Fax:** 02 9979 8791

50 Golf Ave, Mona Vale 2103

**Email:** [peninsular@cookcare.com.au](mailto:peninsular@cookcare.com.au)

**Web:** [www.cookcare.com.au](http://www.cookcare.com.au)

**Service Description:** LEVEL/S OF CARE: high level of care. TYPE OF ACCOMMODATION: residential. NEAREST SHOPS: Mona Vale Shopping Centre. RECREATION FACILITIES: 2 recreation activity officers and recreation bus for outings. LEGAL ARRANGEMENTS WITH RESIDENTS: - . OTHER: 70 bed nursing home.

**Hours:** 24 hours

## Pines Retirement Village and Terrey Hills Nursing Home

**Phone:** 9450 1719 **Fax:** 02 9450 1227

42 Booralie Rd, Terrey Hills 2084

**Mail to:** PO Box 265, Terrey Hills 2084

**Email:** [agedcare@thc.net.au](mailto:agedcare@thc.net.au)

**Web:** [www.thompsonhealthcare.com.au](http://www.thompsonhealthcare.com.au)

**Service Description:** Facilities include 2 bedroom self care units, 114 bed high care nursing home. Small dogs in retirement self care units allowed.

**Hours:** 24 hours

## Plateau View Nursing Home

**Phone:** 9982 4138 **Fax:** 02 9972 3559

7-11 Veterans Pd, Collaroy Plateau 2097

**Email:** [plat\\_view@bigpond.com.au](mailto:plat_view@bigpond.com.au)

**Service Description:** Provides nursing care in a homely atmosphere for elderly residents. 46 beds.

**Hours:** 24 hours

## RSL Lifecare Limited

**Phone:** 9982 6666 **Fax:** 02 9982 6604

Veterans Pd, Narrabeen 2101

**Mail to:** PO Box 56, Narrabeen 2101

**Email:** [administration@rsllifecare.org.au](mailto:administration@rsllifecare.org.au)

**Web:** [www.rsllifecare.org.au](http://www.rsllifecare.org.au)

**Service Description:** A premier village providing independent living accommodation as well as residential and community aged care services. Facilities include bowling greens, licensed bar, hydrotherapy pool, croquet lawn, remembrance walk and auditorium. Hydrotherapy pool available for non residents provided they are over 55 and have doctor's referral.

**Hours:** Mon-Fri 8am-5pm

## Scalabrini Village Ltd

**Phone:** 9452 6111 **Fax:** 02 9452 6122

167 Allambie Rd, Allambie Heights 2100

**Email:** [svallambie@scalabrini.com.au](mailto:svallambie@scalabrini.com.au)

**Web:** [www.scalabrini.com.au](http://www.scalabrini.com.au)

**Service Description:** Retirement village providing a nursing home, hostel accommodation and independent living units primarily for people from an Italian background.

## Seabeach Gardens Nursing Home

**Phone:** 9997 6383 **Fax:** 02 9997 8598

26 Darley St, Mona Vale 2103

**Email:** [sseabeac@bigpond.net.au](mailto:sseabeac@bigpond.net.au)

**Service Description:** Nursing Home supplying elderly community with professional nursing care.

**Hours:** 24 hours

## Seaside Residential Aged Care Facility

**Phone:** 9997 4633 **Fax:** 02 9997 6664

184 Garden St, Warriewood 2102

**Email:** [sonja.oates@domainprincipal.com.au](mailto:sonja.oates@domainprincipal.com.au)

**Service Description:** Nursing home providing residential high care for aged & disabled persons. Assisted living apartments adjacent to nursing home for people aged 55 years and over.

**Hours:** Daily

## Wesley Gardens - UnitingCare Ageing Northern Sydney Region

**Phone:** 9452 3022 **Fax:** 02 9975 2759

2b Morgan Rd, Belrose 2085

**Email:** [wesleygardens@nsr.unitingcare.org.au](mailto:wesleygardens@nsr.unitingcare.org.au)

**Web:** [www.nsr.unitingcare.org.au](http://www.nsr.unitingcare.org.au)

**Service Description:** Wesley Gardens has 108 Low Care single units with ensuites. Some double units are available for couples. The Nursing Home provides 24-hour high level care for 72 residents. In addition, Wesley Gardens provides a secure, homelike environment for people with Alzheimer's Disease and other dementia-related conditions. North Wing consists of 59 Low Care individual units and The Luke Centre and Banksia offer 68 private rooms with ensuites, dining and living areas, and internal courtyards.

**Hours:** Mon-Fri 9am-4pm

## Wesley Heights Manly Aged Care Facility

**Phone:** 9977 7366 **Fax:** 02 9977 1787

47 Birkley Rd, Manly 2095

**Email:** [information@nsr.unitingcare.org.au](mailto:information@nsr.unitingcare.org.au)

**Web:**

[www.unitingcareageing.org.au/facilities\\_and\\_services/north\\_sydney\\_region/residential/wesley\\_heights\\_manly2](http://www.unitingcareageing.org.au/facilities_and_services/north_sydney_region/residential/wesley_heights_manly2)

**Service Description:** Provides residential care for the frail elderly. Government subsidised nursing home and hostel.

61 beds low care, 60 high care. Low care respite beds. Also self care independent units.

**Alternative Names:** Wesley Heights Manly - Low Care  
Wesley Heights Manly - High Care

## Public Housing

### Housing NSW (Dee Why Office)

**Phone:** 9971 3600 **Fax:** 02 9971 3611

17A/818 Pittwater Rd, Dee Why 2099

**Mail to:** PO Box 1049, Dee Why 2099

**Web:** [www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)

**Service Description:** The local office manages public tenancies (including supported housing for people with disabilities). Accepts new public housing applications, allocations and bond assistance for low income earners, including aged and people with disabilities. Phone first for an appointment.

**Hours:** Mon, Tue, Thu, Fri 8:30am - 4:30pm, Wed 1pm-4:30pm

## Retirement Accommodation

"Retirement Housing for Older Residents" provides a detailed guide to selecting retirement accommodation in the local area. The guide is available at local libraries.

Information can also be obtained from Aged Services at your local Council.

Warringah 9942 2563

Manly 9976 1562

Pittwater 9970 1199

### Rental Accommodation

This accommodation is for pensioners without assets and requires a weekly rental contribution. The non-profit/charitable owner and government fund the remaining cost of the village.

### Donor Funded

These villages require an entry contribution (Donation) and weekly service fee to be paid by the resident. The non-profit/charitable owner and the government fund the remaining cost of the village.

### Resident Funded

Residents purchase accommodation which may be self care units, serviced apartments or hostel accommodation and pay maintenance fees for day to day running of the village and support services.

## Alexander Campbell House

**Phone:** 9452 5878 **Fax:** 02 9451 9605

51 Cook St, Forestville 2087

**Email:** [evelyn.zarb@livingcare.org.au](mailto:evelyn.zarb@livingcare.org.au)

**Service Description:** Low Care accommodation for aged persons.

**Hours:** 9am-5pm

**Alternative Names:** Forestville Retirement Village

## Allambie Heights Village Ltd incorporating Martin Luther Hostel

**Phone:** 9975 5800 **Fax:** 02 9451 2017

3 Martin Luther Pl, Allambie Heights 2100

**Email:** [general@alhvillage.com.au](mailto:general@alhvillage.com.au)

**Web:** [www.alhvillage.com.au](http://www.alhvillage.com.au)

**Service Description:** 55 studio, one and two bedroom self care units, one with access for the disabled.

Community hall and village bus. Low Care Hostel provides 42 places including 9 dementia specific and 2 respite places. Couples can be accommodated. All rooms have en suite facilities and patio or balcony. There is a full recreation program.

**Hours:** Mon-Fri 9am-5pm

**Alternative Names:** Martin Luther Hostel Aged care Facility

## Aveo Bayview Gardens

**Phone:** 13 28 36 **Fax:** 02 9997 8988

36-42 Cabbage Tree Rd, Bayview 2104

**Web:** [www.aveolivewell.com.au](http://www.aveolivewell.com.au)

**Service Description:** LEVEL/S OF CARE: Self care, serviced apartments, nursing home. TYPE OF

ACCOMMODATION: 1 bed, 2 bed, plus study available, self care; studio & 1 bed apartments; serviced apartments.

NEAREST SHOPS: 1.5km away. RECREATION

FACILITIES: Croquet, indoor bowls, billiards, art room.

LEGAL ARRANGEMENTS WITH RESIDENTS: 99 year lease. Store in capital gain. OTHER: Resident funded, full

range of recreation facilities. Respite care. Interview daily between 10am & 4pm. Pets allowed on application.

**Hours:** Mon-Fri 9am-5pm, Sat-Sun 10am-3pm

**Alternative Names:** Village Care Ltd

## Aveo Minkara Resort

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## Aveo Peninsula Gardens

**Phone:** 9997 4177 **Fax:** 02 9979 5832

79 Cabbage Tree Rd, Bayview 2104

**Email:** [alisonl@aveolivewell.com.au](mailto:alisonl@aveolivewell.com.au)

**Web:** [www.aveolivewell.com.au](http://www.aveolivewell.com.au)

**Service Description:** Resident funded housing providing self care units. Wide range of recreation, care and service facilities available.

**Hours:** Mon to Fri 9am - 5pm

## Belrose Country Club

**Phone:** 9975 1237 **Fax:** 02 9451 1976

2 Dawes Rd, Belrose 2085

**Email:** [david@hendersonassoc.com.au](mailto:david@hendersonassoc.com.au)

**Service Description:** Retirement village of resident funded strata housing with self care units & serviced accommodation. Wide range of recreation, care & service facilities available. Swimming pool, spa, saunas, croquet green, indoor bowls, putting green, half tennis court, snooker, table tennis, exercise room, crafts, hair salon and restaurant for dine in or take away meals.

**Hours:** Mon-Fri 9am-5pm

## Charles O'Neill Home Self Care Units

**Phone:** 9997 5549 **Fax:** 02 9979 7340  
c/- George Mockler Hostel, 99 Elimatta Rd, Mona Vale 2103

**Email:** [sbrown@chcs.com.au](mailto:sbrown@chcs.com.au)

**Service Description:** Self care units for financially disadvantaged senior adults & pensioners on a low rental basis.

**Hours:** 9am-5pm

## Dee Why Gardens

**Phone:** 9971 8255 **Fax:** 02 9971 4322  
155 Fisher Rd North, Dee Why 2099

**Web:** [www.deewhygardens.com.au](http://www.deewhygardens.com.au)

**Service Description:** Retirement village providing self care & fully serviced apartments. Clubhouse facilities & own bus for transport. Facilities include indoor bowls, billiards, music nook, dance floor, heated pool and spa, croquet lawn and putting green, hairdresser, podiatrist, pedicurist, manicurist & library. There is also a Flexicare service for independent living residents who need a little extra help. This includes meal service, cleaning service, laundry service, handyman service, 24 hour call service, personal assistance, respite facility and personal doctor calls.

**Hours:** Daily 9am-5pm

## Eurobodalla Homes, Allambie Heights

**Phone:** 9997 2543 **Fax:** 02 9997 1156  
11 Aquatic Dr, Frenchs Forest 2086

**Mail to:** 22/267 Barrenjoey Rd, Newport 2106

**Email:** [eurobodallahomes@bigpond.com](mailto:eurobodallahomes@bigpond.com)

**Service Description:** 28 self care units for senior adults. Women, men & couples. Currently has a waiting list. Females must be over 60 and males must be over 65. Units completely self care.

**Hours:** Variable

## Eurobodalla Homes, Newport Branch

**Phone:** 9997 2543 **Fax:** 02 9997 1156  
267 Barrenjoey Rd, Newport 2106

**Mail to:** Unit 22, 267 Barrenjoey Rd, Newport 2106

**Email:** [eurobodallahomes@bigpond.com](mailto:eurobodallahomes@bigpond.com)

**Service Description:** LEVEL/S OF CARE: self care. TYPE OF ACCOMMODATION: 31 self care. NEAREST SHOPS: Newport shops (10 min. walk) RECREATION FACILITIES: Community hall. LEGAL ARRANGEMENTS WITH RESIDENTS: Rental. OTHER: Residents invited to be involved in fundraising activities.

**Hours:** Mon-Fri, message bank if not attended.

## Fred Hutley Village

**Phone:** 9975 3605 **Fax:** 02 9975 3605  
183 Allambie Rd, Allambie Heights 2100

**Mail to:** Unit 17A, 183 Allambie Rd, Allambie Heights 2100

**Service Description:** 108 self contained units including 96 bedsitters, singles & 12 one bedroom doubles. No ongoing care.

**Hours:** 8am - 4pm

## Furlough House Inc

**Phone:** 9913 7286 **Fax:** 02 9970 7250  
72-90 Ocean St, Narrabeen 2101

**Mail to:** PO Box 82, Narrabeen 2101

**Service Description:** One bedroom and bedsitter units accommodation (82 in total). Self care only. Recreation facilities include indoor bowls, bingo, mini bus outings, social gatherings, large print library. No dogs or cats allowed, only birds in cages.

**Hours:** 9am-4:30pm

## George Mockler Hostel

**Phone:** 9997 5549 **Fax:** 02 9979 7340  
99 Elimatta Rd, Mona Vale 2103

**Email:** [sbrown@chcs.com.au](mailto:sbrown@chcs.com.au)

**Service Description:** LEVEL/S OF CARE: Low level.

TYPE OF ACCOMMODATION: Bedsitter, share bathroom x 2 people. NEAREST SHOPS: Mona Vale Shopping Centre. RECREATION FACILITIES:

Recreational officer. LEGAL ARRANGEMENTS WITH

RESIDENTS: Residential agreements. OTHER: 28 rooms of hostel accommodation for financially disadvantaged aged pensioners. Full board & meals provided.

**Hours:** 9am-5pm

## Glenaeon Retirement Village

**Phone:** 9450 2766 **Fax:** 02 9450 1847  
207 Forest Way, Belrose 2085

**Web:** [www.primelife.com.au](http://www.primelife.com.au)

**Service Description:** 221 x 1, 2 & 3 bedroom units and 50 serviced apartments. Self care - add on care services arranged. Recreation facilities include indoor bowls, snooker/billiards, aqua aerobics, gentle exercises, community centre, residents workshop, craft room. Pets allowed.

**Hours:** Sales Mon-Fri 9am-5pm, Sat & Sun by appointment.

## MacDonald Homes - UnitingCare Ageing Northern Sydney Region

**Phone:** 9977 7366 **Fax:** 02 9977 1787  
Howard Av, Dee Why 2099

**Mail to:** 47 Birkley Rd, Manly 2095

**Web:** [www.nsr.unitingcare.org.au](http://www.nsr.unitingcare.org.au)

**Service Description:** Offering comfortable, convenient living for the fit and able in Dee Why. Provides 24 independent living units within easy walking distance to Dee Why beach, shops and all amenities.

## Maybrook Village

**Phone:** 9971 0412 **Fax:** 02 9971 0408

57 Maybrook Ave, Cromer 2099

**Mail to:** 6 Jersey Pl, Cromer 2099

**Email:** [peter.marshall@stockland.com.au](mailto:peter.marshall@stockland.com.au)

**Web:** [www.stockland.com.au](http://www.stockland.com.au)

**Service Description:** 98 self care units varying in size from studios to 3 bedroom penthouses. Most with lift access. Recreation facilities include an indoor pool, spa, village bus, dining room, billiard room, library, multiple BBQ area and several sun lounges.

## Narrabeen Retirement Village

**Phone:** 9913 7225

1259/65 Pittwater Rd, Narrabeen 2101

**Mail to:** 61 Elanora Rd, Elanora Heights 2101

**Service Description:** Strata Title self care unit accommodation for senior adults & aged persons. Visiting nurses, emergency alarm systems & meals on wheels available if needed. Social committee organises outings and activities. Equipped community room for functions.

**Hours:** 24 hours

## Pines Retirement Village and Terrey Hills Nursing Home

See Page 12

## Pittwater Palms Retirement Village

**Phone:** 9918 9000 **Fax:** 02 9918 0699

82 Avalon Pde, Avalon 2107

**Email:** [michaelda@aveolivewell.com.au](mailto:michaelda@aveolivewell.com.au)

**Web:** [www.aveolivewell.com.au](http://www.aveolivewell.com.au)

**Service Description:** LEVEL/S OF CARE: Self care units & low dependency hostel. TYPE OF ACCOMMODATION: 127 self care units, 40 serviced apartments - all strata title. NEAREST SHOPS: Avalon village. RECREATION FACILITIES: heated indoor pool, games room, coffee lounge, formal lounge and dining room, library craft room. LEGAL ARRANGEMENTS WITH RESIDENTS: units are strata title.

**Hours:** Office hours 5 days 8.30am-4.30pm

## Pittwater Village

**Phone:** 9979 5385 **Fax:** 02 9998 0188

56-68 Brinawa St, & 16-18 Vineyard St, Mona Vale 2103

**Mail to:** 16-32 Mona Vale Rd, Mona Vale 2103

**Email:** [michael.deery@lprimelife.com](mailto:michael.deery@lprimelife.com)

**Web:** [www.primelife.com.au/retirement.aspx](http://www.primelife.com.au/retirement.aspx)

**Service Description:** LEVEL/S OF CARE: Self care. TYPE OF ACCOMMODATION: 1 & 2 Bedroom apartments. NEAREST SHOPS: Mona Vale Shopping Centre 200m. RECREATION FACILITIES: Pool, spa, billiard room, library, clubhouse, card meetings. LEGAL ARRANGEMENTS WITH RESIDENTS: Strata Title Village. OTHER: Resident funded housing; Cat and small dogs are allowed but not replaceable. RVA accredited village.

**Hours:** Mon-Fri 9am-5pm

## RSL Lifecare Limited

See Page 12

## Salvation Army Pacific Lodge

**Phone:** 9982 8477 **Fax:** 02 9982 9174

15 Fisher Rd, Dee Why 2099

**Mail to:** PO Box 109, Dee Why 2099

**Service Description:** Senior Citizens hostel for ladies & gents. Respite care available. Full board & meals provided. Activities officer. Low care.

**Hours:** 24 hours

## Seabeach Gardens Retirement Village

**Phone:** 9979 6517 **Fax:** 02 9979 5043

1 Seabeach Ave, Mona Vale 2103

**Email:** [seabeachgardensadmin@bigpond.com](mailto:seabeachgardensadmin@bigpond.com)

**Web:** [www.baldwincare.com.au](http://www.baldwincare.com.au)

**Service Description:** Retirement village with serviced or independent living apartments adjoining Seabeach Gardens Nursing Home.

## Seaside Assisted Living Apartments

**Phone:** 9997 4247 **Fax:** 02 9979 7066

194 Garden St, Warriewood 2102

**Email:** [linda.conin@domainprincipal.com.au](mailto:linda.conin@domainprincipal.com.au)

**Service Description:** Resident funded accommodation, strata title units.

**Hours:** Daily

## Seaside Residential Aged Care Facility

See Page 13

## St Davids Retirement Village

**Phone:** Forestville 02 8977 8200; **Fax:** 02 8977 8218

45 Cook St, Forestville 2087

**Mail to:** PO Box 284, Castle Hill 1765

**Email:** [sales@arv.org.au](mailto:sales@arv.org.au)

**Web:** [www.arv.org.au](http://www.arv.org.au)

**Service Description:** Self contained units 1, 2 and 3 bedroom. Recreation facilities include community hall, library, snooker and resident initiated activities. All enquiries for residence to Head Office at Baulkham Hills.

**Hours:** Mon-Fri 9am-5pm

## The Whiddon Group

**Phone:** 9827 6634 **Fax:** 02 9765 6502

**Mail to:** Locked Bag 7014, Minto DC 2566

**Email:** [p.partition@fwmh.com.au](mailto:p.partition@fwmh.com.au)

**Web:** [www.fwmh.com.au](http://www.fwmh.com.au)

**Service Description:** 28 independent living units.

**Hours:** Mon-Fri 8am-4.30pm(Head Office)

## W G Taylor Retirement Village

**Phone:** 9913 7040 **Fax:** 02 9913 8437

156 Ocean St, Narrabeen 2101

**Web:** [www.wesleymission.org.au](http://www.wesleymission.org.au)

**Service Description:** Retirement Village offering accommodation & services to aged persons in self care & hostel units. Low level aged care hostel and self care retirement village.

**Hours:** Mon-Fri 9am-5pm

## Warriewood Brook

**Phone:** 9998 3380

6-14 Macpherson St, Warriewood 2102

**Email:** [warriewoodbrook@arv.org.au](mailto:warriewoodbrook@arv.org.au)

**Web:** [www.arv.org.au](http://www.arv.org.au)

**Service Description:** Warriewood Brook is the latest retirement village to be opened by Anglican Retirement Villages. Stage one consists of 64 independent living units. Our units are a mix of one, two or three bedroom units.

**Hours:** Office Hours 9am – 5pm. All units have a 24hr emergency call system

## Warringah Place Retirement Village

**Phone:** 9971 1933 **Fax:** 02 9971 4155

1039 Pittwater Rd, Collaroy 2097

**Mail to:** PO Box 395, Collaroy 2097

**Email:** [warringah.place@aue.salvationarmy.org](mailto:warringah.place@aue.salvationarmy.org)

**Service Description:** Selfcare units - 29 one bedroom, 46 one bedroom with den, 9 two bedroom with den, 25 bedsitters. Facilities include entertainment areas, organised activities, recreation rooms, indoor games, arts & crafts, social club, BBQ, pool, spa, library, chapel and gym.

**Hours:** 9am-5pm Mon-Fri

## Wesley Gardens - UnitingCare Ageing Northern Sydney Region

See Page 13

## Wesley Gardens Tredinnick Village

**Phone:** 9452 3022 **Fax:** 02 9975 2759

75 Cook St, Forestville 2087

**Mail to:** 1 Morgan Rd, Belrose 2085

**Email:** [tredinnickvillage@nsr.unitingcare.org.au](mailto:tredinnickvillage@nsr.unitingcare.org.au)

**Service Description:** Backing onto the National park, 60 one bedroom units all include balconies or patios. Convenient to transport the village offers a common hall, table tennis and BBQ areas. Courtesy bus for shopping every Friday.

**Hours:** Mon-Fri 9am-4pm

## Wesley Heights Self Care Units

**Phone:** 9977 7366 **Fax:** 02 9977 1787

33 Birkley Rd, Manly 2095

**Mail to:** 47 Birkley Rd, Manly 2095

**Email:** [information@nsr.unitingcare.org.au](mailto:information@nsr.unitingcare.org.au)

**Web:**

[www.unitingcareageing.org.au/facilities\\_and\\_services/northern\\_sydney\\_region/self\\_care/wesley\\_heights\\_manly](http://www.unitingcareageing.org.au/facilities_and_services/northern_sydney_region/self_care/wesley_heights_manly)

**Service Description:** Independent living units.

**Hours:** Office hours 8.30am to 5pm Mon to Fri

## Willandra Bungalows Retirement Village

**Phone:** 9984 9911 **Fax:** 02 9981 2385

51 Little Willandra Rd, Cromer 2099

**Email:** [ihooley@australianunity.com.au](mailto:ihooley@australianunity.com.au)

**Web:** [www.australianunity.com.au](http://www.australianunity.com.au)

**Service Description:** Retirement village with emergency personal care assistance available 24 hrs. Recreation facilities include billiards, tai chi, cards, gentle exercise class, table tennis, craft, swimming, computer classes. Small domestic pets are allowed on entry to village.

**Hours:** Mon-Fri 9am-5pm

## Willandra Retirement Village

**Phone:** 9982 4766 **Fax:** 02 9981 2385

81 Willandra Rd, Cromer 2099

**Email:** [ccharman@australianunity.com.au](mailto:ccharman@australianunity.com.au)

**Web:** [www.australianunity.com.au](http://www.australianunity.com.au)

**Service Description:** Serviced apartments/self care.

Emergency care service available 24 hrs. Recreational facilities include gentle exercise classes, line dancing, aquarobics, tai chi, craft, podiatrist, hairdresser, billiards, library, music group, club, cards, bingo, computer classes. Restaurant. Pets allowed only on entry to village.

**Hours:** Mon-Fri 9am-5pm. Emergency 24/7

## William Charlton Village

**Phone:** 9451 6686 **Fax:** 02 9475 3612

181 Allambie Rd, Allambie Heights 2100

**Mail to:** 181 Allambie Rd, Allambie Heights 2100

**Email:** [christinem@bensoc.org.au](mailto:christinem@bensoc.org.au)

**Service Description:** Retirement Village with 55 units for couples and singles. Studio and 1 bedroom units.

**Hours:** Mon, Wed, Fri 9am-4:30pm

## Residential Care for people with disabilities

For further information on accommodation and other services for people with a disability and their carers, contact the Warringah Disability Information Service ph: 9942 2686. The "Warringah Disability Directory" is available at your local library or at [www.warringah.nsw.gov.au/disab.htm](http://www.warringah.nsw.gov.au/disab.htm)

## Allambie Heights Village Ltd incorporating Martin Luther Hostel

See Page 14

## Belrose Country Club

See Page 14

## Cerebral Palsy Alliance (formerly The Spastic Centre)

**Phone:** 9479 7200 **Fax:** 02 9479 7290

Head Office, 321 Mona Vale Rd, Terrey Hills 2084

**Mail to:** PO Box 184, Brookvale 2100

**Email:** [scnsw@cerebralpalsy.org.au](mailto:scnsw@cerebralpalsy.org.au)

**Web:** [www.cerebralpalsy.org.au](http://www.cerebralpalsy.org.au)

**Service Description:** Comprehensive information, early intervention, therapy, vocational training and employment services, residential services, respite care, transport, Conductive Education, advice and modification of equipment aids, technology, Hart Walker, parent groups, hydrotherapy and information. Hydrotherapy pool. Service sites at Allambie Heights, Ryde, Prairiewood, Penrith, Croudace Bay (Newcastle), Singleton. Therapy services in Orange, Dubbo, Moruya, Armidale, Canberra (Southern Tablelands), Nowra, Wagga Wagga and Raymond Terrace for school aged children with disabilities and significant and complex needs. CP Helpline 1300 39 29 20.

**Hours:** Mon-Fri 9am-5pm

**Alternative Names:** Formerly The Spastic Centre

## Cerebral Palsy Alliance - Accommodation Services

**Phone:** 9975 8445 **Fax:** 02 9453 3602

189 Allambie Rd, Allambie Heights 2100

**Mail to:** PO Box 184, Brookvale 2100

**Email:** [llanz@cerebralpalsy.org.au](mailto:llanz@cerebralpalsy.org.au)

**Web:** [www.cerebralpalsy.org.au](http://www.cerebralpalsy.org.au)

**Service Description:** Enables adults with physical disabilities to live independently in various accommodation types and locations, with appropriate support ranging from regular drop-in visits to high level assistance.

**Hours:** Mon-Fri 8:30am-5pm

**Alternative Names:** Formerly The Spastic Centre

## Dee Why Gardens

See Page 15

## House with No Steps - Accommodation Support Service

**Phone:** 9451 1511 **Fax:** 02 9452 3778

49 Blackbutts Rd, Belrose 2085

**Mail to:** PO Box 93, Frenchs Forest 1640

**Email:** [enquiries@hwns.com.au](mailto:enquiries@hwns.com.au)

**Web:** [www.hwns.com.au](http://www.hwns.com.au)

**Service Description:** Provides drop-in support to adults with intellectual disabilities, enabling people to live in community based accommodation in the Northern Beaches and Lower North Shore areas.

**Hours:** Mon-Fri 8:30am-4:30pm. Service after hours as required by users

**Alternative Names:** HWNS

## Seaside Assisted Living Apartments

See Page 16

## Sunnyfield - Accommodation Services

**Phone:** 8977 8888 **Fax:** 02 8977 8873

185 Allambie Rd, Allambie Heights 2100

**Mail to:** PO Box 886, Brookvale 2100

**Email:** [accomm@sunnyfield.org.au](mailto:accomm@sunnyfield.org.au)

**Web:** [www.sunnyfield.org.au](http://www.sunnyfield.org.au)

**Service Description:** Enables adults with disabilities (primarily intellectual) to live in group homes with 24 hour support, as well as drop-in support to live independently in the community.

**Hours:** Mon-Fri 8am-5pm (office)

## Wesley Heights Self Care Units

See Page 17

## Tenancy

Legal information regarding tenancy can be found in the Legal Information Access Centre (LIAC) collection at your local library.

## Housing NSW (Dee Why Office)

See Page 13

## Youth Accommodation

### Morgan House

See Page 9

### The Burdekin Association Inc

See Page 10

### Youth Reach - St Vincent De Paul Society

**Phone:** 9907 2604 **Fax:** 02 9907 2478

12 Powells Rd, Brookvale 2100

**Email:** [yrdeewhy@bigpond.net.au](mailto:yrdeewhy@bigpond.net.au)

**Web:** [www.vinnies.org.au/youthreach](http://www.vinnies.org.au/youthreach)

**Service Description:** A Youth Connection provider; family group conferencing, music resources, personal counselling, family mediation, budget counselling, job search/resume writing and interview preparation, nutritional education, drug and alcohol education discussion groups, and sport/recreational programs for disadvantaged youth.

**Hours:** Mon-Fri 9am-5:30pm;

**Alternative Names:** Youth Reach