

SOCIAL CLUBS AND GROUPS

Cubs

Forest Rover Crew

Phone: 0414 273 620

Mail to: 5 Mirool St, North Narrabeen 2101

Web: www.sydneynorthscouts.com/rovers/forest

Service Description: Outdoor adventures, social activities and service to the community.

Garigal District Scout Groups

Phone: 9411 4088 **Fax:** 02 9411 4371

Mail to: 48 Serpentine Cres, Balgowlah North 2093

Web: www.sydneynorthscouts.com

Service Description: Covers Frenchs Forest, Forestville, Killarney Heights, Terrey Hills, Allambie Heights, Belrose, Beacon Hill & Davidson.

Rovers, Mona Vale Rover Crew

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Rovers, Platabeen Rover Crew

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Scout Association of Australia, 1st Balgowlah Group

Phone: 9949 1730 **Fax:** 02 8966 9938

Balgowlah Park, Pickworth Ave, Balgowlah 2093

Mail to: PO Box 172, Seaforth 2092

Email: milesraig@bigpond.com

Web: www.nsw.scouts.com.au/details/1st-balgowlah-scout-group

Service Description: Scouting provides an opportunity for personal development in citizenship and life skills through structured activities such as hiking, camping, first aid, canoeing, sailing etc, under supervision, in a safe environment.

Scout Association of Australia, 1st Seaforth Scout Group

Phone: 9949 1128

Sangrado Park, Sangrado St, Seaforth 2092

Mail to: PO Box 18, Seaforth 2092

Email: walker_sandra@hotmail.com

Web: www.nsw.scouts.com.au/details/1st-seaforth-scout-group

Service Description: Scout group providing membership in three Sections (Cubs, Scouts, and Venturers).

Scouting provides an opportunity for personal development in citizenship and life skills through structured activities such as hiking, camping, first aid, canoeing, sailing etc under supervision, in a safe environment.

Hours: Cubs Tuesday 7.00 pm - 8.30 pm

Scouts Thursday 7.00 pm - 9.00 pm

Venturers Wednesday 7.00 pm - 9.30 pm

Alternative Names: Seaforth Scout Group

Scout Association of Australia, Fairlight/Manly Scout Group

Phone: 9977 3817

Scout Hall, Ivanhoe Park, Raglan St, Manly 2095

Mail to: PO Box 18, 145 Sydney Road, Fairlight 2094

Web: www.nsw.scouts.com.au/details/fairlight/manly-scout-group

Service Description: Scout group providing membership in two sections (Cubs and Scouts).

Scouting provides an opportunity for personal development in citizenship and life skills through structured activities such as hiking, camping, first aid, canoeing, sailing etc under supervision, in a safe environment.

Hours: Cubs Tuesday 4.45 pm - 6.15 pm

Scouts Wednesday 7.00 pm - 9.00 pm

Alternative Names: Fairlight/Manly Scout Group

Girl Guides

Dee Why Hills Girl Guides

Phone: 1300 447 548

Baden Powell Centre Willandra Reserve, Willandra Rd,
Beacon Hill 2100

Mail to: Locked Bag 950, Strawberry Hills 2012

Email: guides@girlguides-nswact.org.au

Web: www.girlguides-nswact.org.au

Service Description: Girl Guides NSW & ACT offers girls aged 6-10years, 10-14years and 14-17years a weekly program that combines learning with friendship and fun. Activities focus on the outdoors, life skills and service to others. Girls grow in confidence and gain leadership skills. Parent support and participation strongly encouraged.

Hours: Information provided on enquiry

Elanora Ingleside District Girl Guides

Phone: 0414 507 071

Elanora Guide Hall, Elanora Rd, Elanora Hts 2101

Mail to: 5/11 Waterloo St, Narrabeen 2101

Email: quokka@elanoragirlguides.com

Web: www.elanoragirlguides.com

Service Description: Guides is about activities and programs chosen by, and directed by girls. Guides are given opportunities to be leaders, first through small groups and later through leadership programs. Fun atmosphere involving games, cooking, craft sessions, get-togethers and excitement. The group is keen to recruit adult leaders for our Junior Guide Unit. Parent support and participation strongly encouraged.

Hours: We meet Thursday evenings during school terms. Junior Guides aged 6 to 10 (4:30pm - 6pm) and Guides aged 10 - 14 (6.15pm - 8pm)

Girl Guides - Mona Vale District

Phone: 0414 267 454

Web: www.girlguides-nswact.org.au

Service Description: Guides is for girls who love making new friends, having fun and developing new skills.

The Tramshed Arts & Community Centre

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Scouts

Forest Rover Crew

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Garigal District Scout Groups

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Rovers, Mona Vale Rover Crew

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Rovers, Platabeen Rover Crew

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Scout Association of Australia, 1st Seaforth Scout Group

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Scout Association of Australia, Fairlight/Manly Scout Group

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Senior Citizens

Association of Independent Retirees - Sydney Northern Beaches Branch

Phone: 9972 1125; 02 9997 1820;

Meetings at Dee Why RSL Club, 932 Pittwater Rd, Dee Why 2099

Mail to: PO Box 1950, Dee Why 2099

Email: frankxb@bigpond.net.au

Web: www.independentretirees.com.au

Service Description: Helping self-funded and partly funded retirees and superannuants. Visiting speakers provide information on health, finance, services and recreation. Promotes fairness and justice in regards to concessions and benefits.

Hours: Meet 2nd Mon each month (except Jan) at 10:30am - if a public holiday meeting is held following Wed.

Alternative Names: AIR

Avalon Active Seniors Group Inc.

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Avalon Beach Ladies Probus Club

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Balgowlah School for Seniors

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Combined Probus Club of Mona Vale Inc

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Combined Probus Club of Palm Beach Inc

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Dee Why Probus Inc

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Dee Why Senior Citizens Centre Club

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Forest Community Men's Shed

Phone: 9975 9373

Wesley Gardens (underground carpark), Uniting Care Ageing, 2E Morgan Rd, Belrose 2085

Mail to: c/o Wesley Gardens, 2B Morgan Rd, Belrose 2085

Email: info@forestmensshed.org.au

Web: www.forestmensshed.org.au

Service Description: Men aged 55+ are invited to use a workshop well equipped with electrical tools, hand tools and materials, and computer room to work on personal and community projects. Tue Wed Thu 10am-3pm. Also Friday 10am-12noon (Aug-Dec) for men who need assistance due to Parkinson's stroke, vision or hearing impairment, acquired disability or mild cognitive impairment. Supported by the Lions Club of Frenchs Forest, the Rotary Club of Belrose, Forestville RSL, UnitingCare Ageing Sydney North Region.

Hours: Tue Wed Thu 10am-3pm

Alternative Names: Men's Shed

Forest Woodworking Club Inc

Phone: 9938 1971;02 9997 1051

Enter from car park Melwood Av - hall is behind RSL, Forestville 2087

Mail to: PO Box 597, Forestville 2087

Email: forestwoodies@gmail.com

Service Description: A friendly group for new or experienced woodworkers to meet & discuss woodwork topics, see demonstrations by members & guest speakers & gain hands on practical experience with hand & power tools.

Hours: 7.30-9.30pm 2nd Tues of the month and 9am-12noon on the following Saturday except in Jan

Forestville and Terrey Hills Senior Citizens Club Inc

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Greek Senior Citizens' Group

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Ladies Probus Club of Dee Why

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Manly Club for Seniors Inc.

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Manly Probus Club Inc.

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Manly Senior's Centre & Meals on Wheels

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Narrabeen Lakes Ladies Probus Club Inc

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Narrabeen Lakes Probus Club Inc

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Narrabeen Senior Citizens Club

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National Seniors Australia - Northern Beaches Branch Inc

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Newport Ladies Probus Club Inc

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Northern Beaches Community Men's Shed

Phone: 8966 8027

c/o Wesley Heights Aged Care, 33 Birkley Rd, Manly 2095

Mail to: 47 Birkley Rd, Manly 2095

Email: rickf@nsr.unitingcare.org.au

Web: www.mensshed.org

Service Description: Men aged 55+ are invited to use a workshop well equipped with electrical tools, hand tools and materials, and computer room to work on personal and community projects. Wed Thu 10am-3pm. Supported by Uniting Care Ageing Sydney North Region.

Hours: Wed Thu 10am-3pm

Alternative Names: Men's Shed

Pittwater Probus Club Inc

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Pittwater RSL Day Club

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Probus Club of Belrose Inc

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Probus Club of Brookvale Inc

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Probus Club of Frenchs Forest Inc

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Probus Club of Freshwater Inc

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Probus Club of Harbord Inc

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Probus Club of Warringah Inc

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Seniors Church

Phone: 9979 7073 **Fax:** 02 9999 1417

Christian Life Centre (entry ground level Barrenjoey Rd),
Cnr Barrenjoey Rd & Polo Ave, Mona Vale 2103

Mail to: PO Box 639, Mona Vale 2103

Email: admin@mvclc.org.au

Web: www.mvclc.org.au

Service Description: Senior's mid-week interdenominational service each Tuesday 10am-11am. A place to make friends and stay in touch with old ones.

Venturers

Forest Rover Crew

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Garigal District Scout Groups

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Rovers, Mona Vale Rover Crew

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Rovers, Platabeen Rover Crew

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Scout Association of Australia, 1st Balgowlah Group

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Scout Association of Australia, 1st Seaforth Scout Group

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Scout Association of Australia, Fairlight/Manly Scout Group

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